

#### Brindille & Twig sewing pattern and tutorial

# Supply list

# Fabric

Medium weight knit fabric. Cotton/lycra jersey or french terry work great. .75 yards (meter) for sizes 0-3M to 2-3T 1 yard (meter) for sizes 3-4T to 5-6T

Rib knit or other stretchy fabric for cuffs, hood lining and pocket lining. .5 yards (meters) for all sizes

# Machines

#### Sewing machine, Serger

Tools

Scissors, Pins

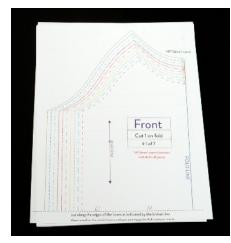
### Putting together a Brindille & Twig pattern:

-Print the pattern pages at 100% - No scaling or fitting to page.

(I suggest only printing the pattern and reading instructions

off the computer, if you have Internet access.)

-Follow the photo examples to tape your pattern together.



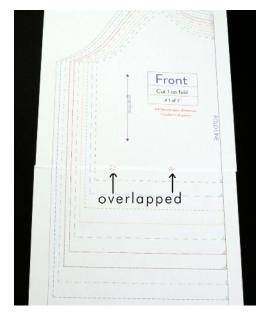
Pattern printed out.



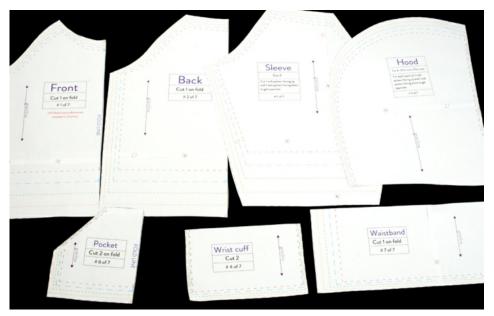
Measure the 1"x1" square to make sure it printed accurately.



Cut along the edges of the indication boxes to cut the extra white paper off. It makes it easier to line them up.



Overlap those boxes with the matching number and tape together at that seam.



Cut out the size that works best based on the measurement chart.

Measurement chart: Units in Inches and ( cm ) :::

Size	Waist	Chest	Total height	Inseam- without diaper	Head
Preemie (44)	14" (35.5cm)	13.75 (35)	17.5 (44)	5 (13)	13.75 (35)
Newborn (52)	16 (40.75)	15.5 (39.25)	20.5 (52)	6.75 (17)	15 (38)
0-3 (62)	17.5 (44.5)	17 (43.25)	24 (62)	8.5 (21.5)	16.5 (42.25)
3-6 (68)	18.5 (47)	18 (45.75)	27 (68)	10 (25.75)	17.5 (44.75)
6-9 (74)	19 (48.25)	18.5 (47)	29 (74)	11.25 (28.5)	18 (46)
9-12 (78)	19.5 (49.5)	19 (48.25)	30.5 (78)	12 (30.5)	18.5 (47.25)
12-18 (84)	20.25 (51.5)	19.75 (50.25)	33 (84)	13.5 (34)	19 (48.5)
18-24 (90)	21 (53.25)	20.5 (52)	35 (90)	14 (35.5)	20 (50.75)
2-3 (96)	21.5 (54.75)	21 (53.25)	38 (96)	15.5 (39.75)	20.25 (51.5)
3-4 (104)	22 (56)	22 (56)	41 (104)	17 (43.5)	20.5 (52)
4-5 (110)	22.5 (57.25)	23 (58.5)	44 (110)	18.75 (47.5)	20.75 (52.75)
5-6 (118)	23 (58.5)	24 (61)	46.5 (118)	20.25 (51.5)	21 (53.25)

#### Cutting guide lines:::::::

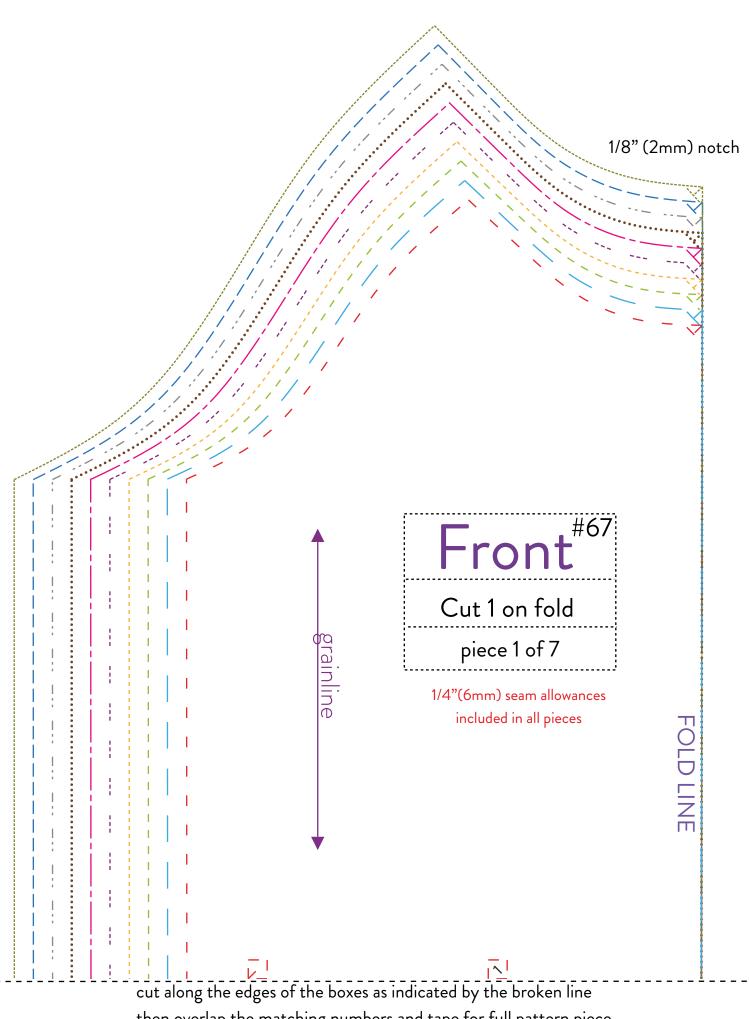
Preemie (44):
NB (52):
0-3 (62):
3-6 (68):
6-9 (74):
9-12 (78):
12-18 (84):
18-24 (90):
2-3 (96):
3-4 (104):
4-5 (110):
5-6 (118):

IMPORTANT:

Make sure you don't scale or fit-to-page when you print the pattern

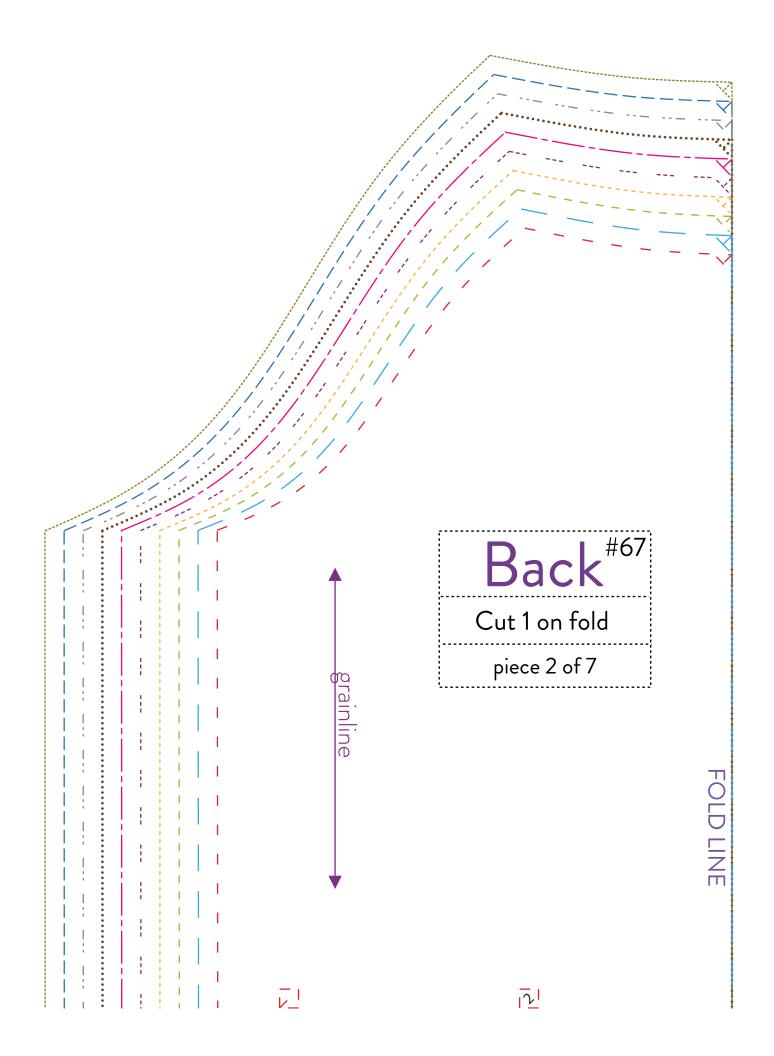


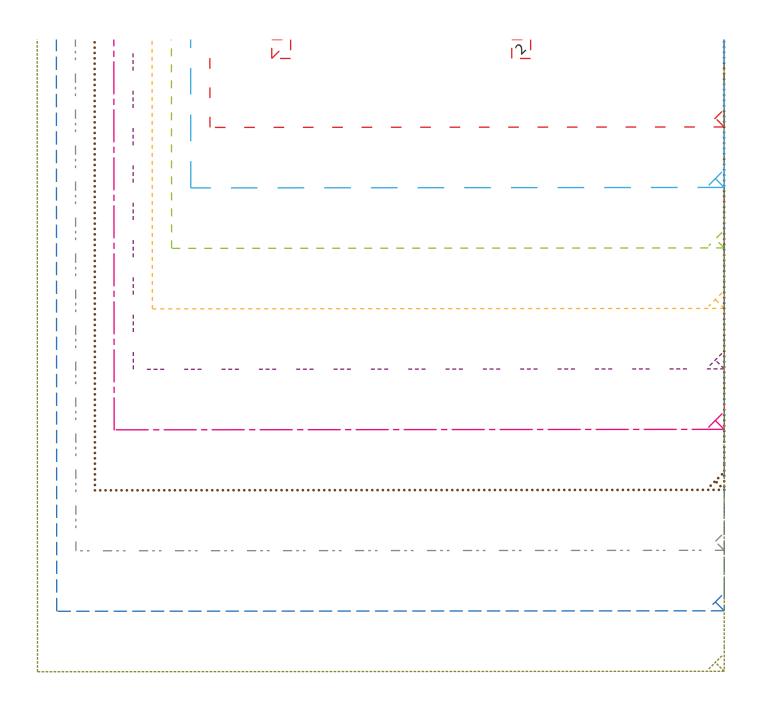
Measure to make sure pattern printed accurately

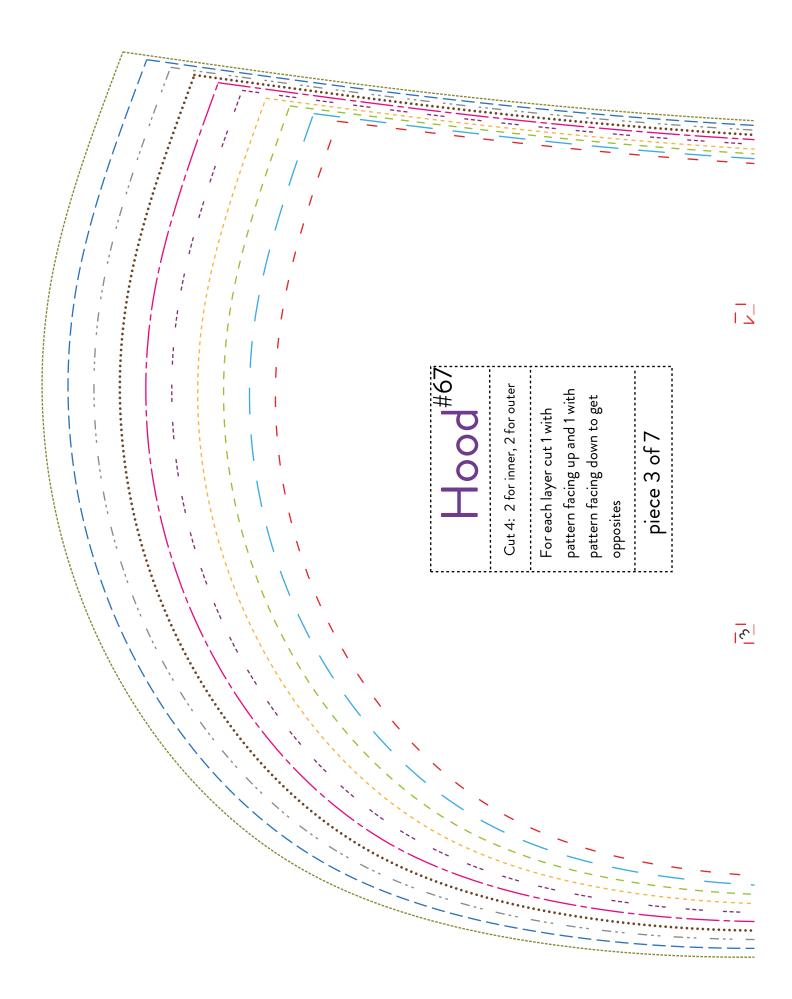


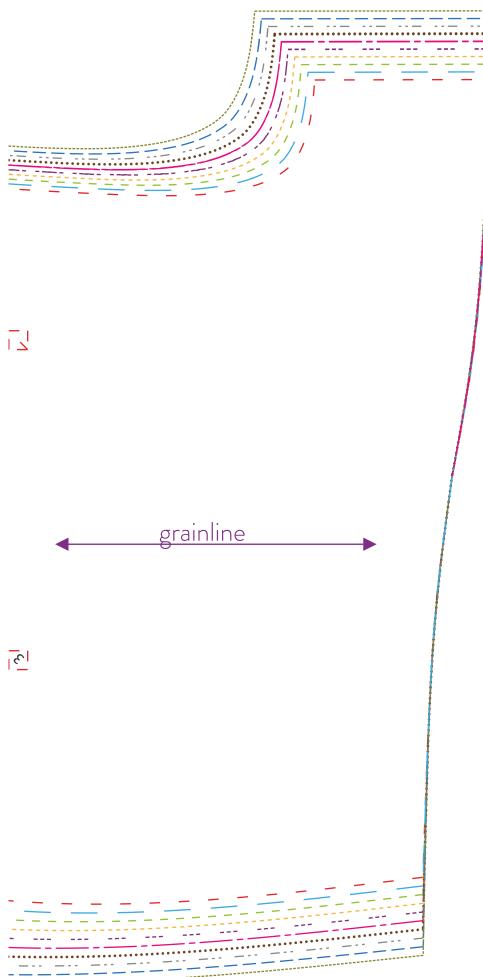
then overlap the matching numbers and tape for full pattern piece.

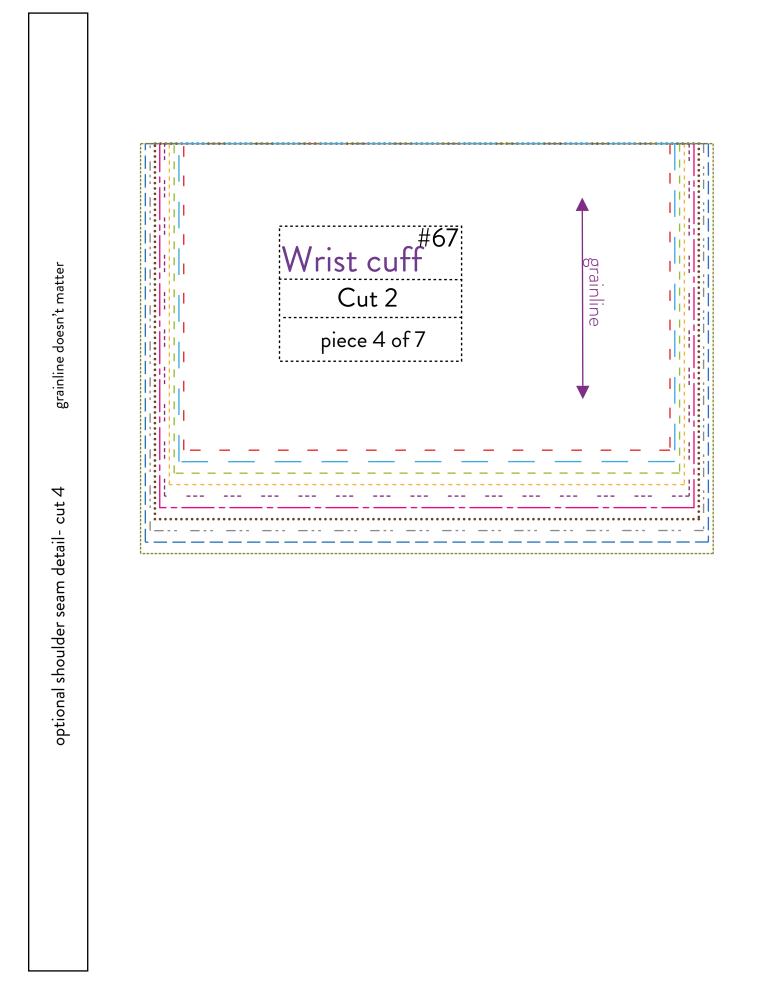
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Cut 2

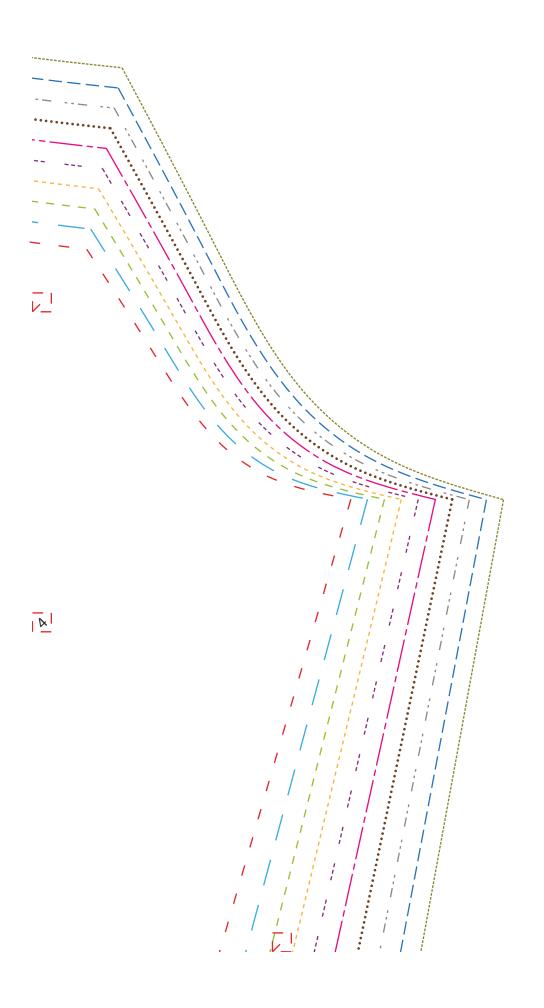
Cut 1 with pattern facing up and 1 with pattern facing down to get opposites

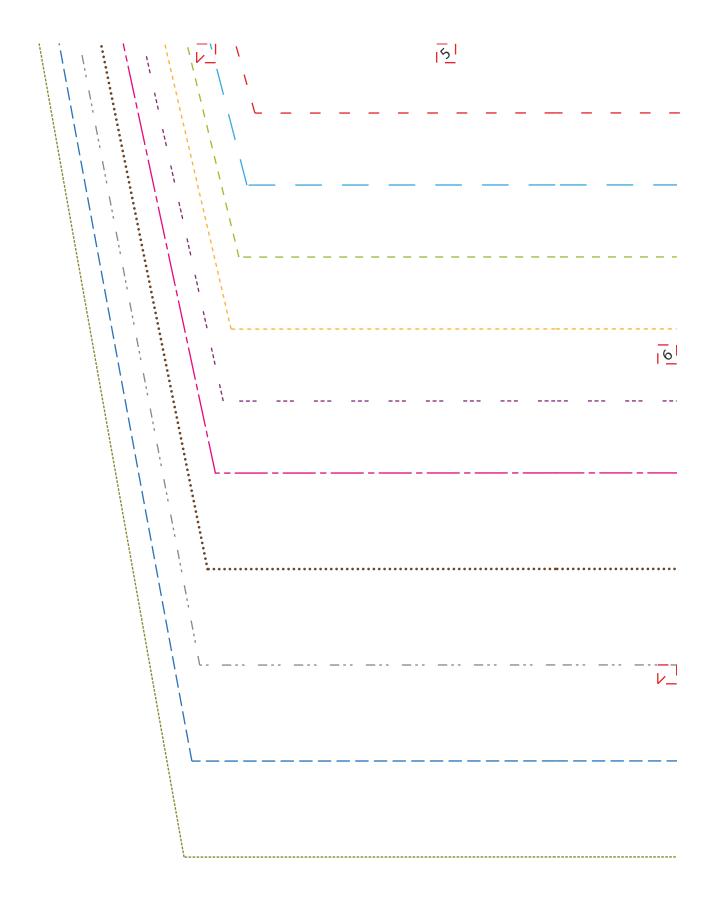
piece 5 of 7

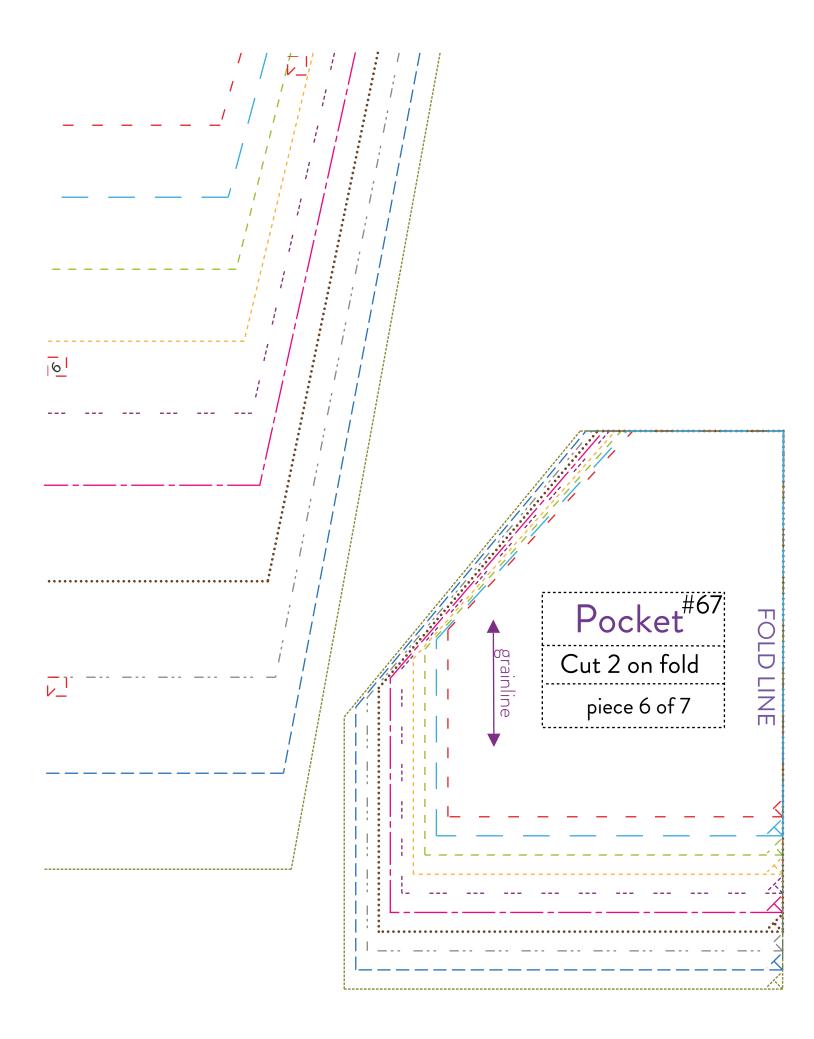


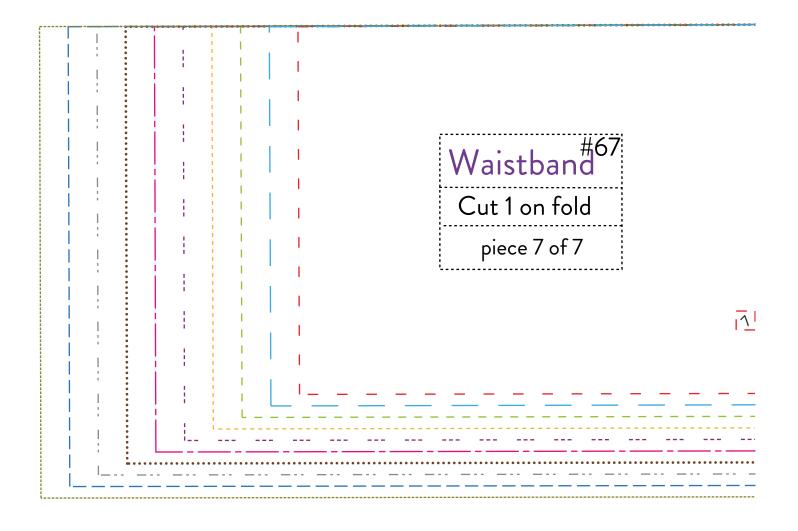
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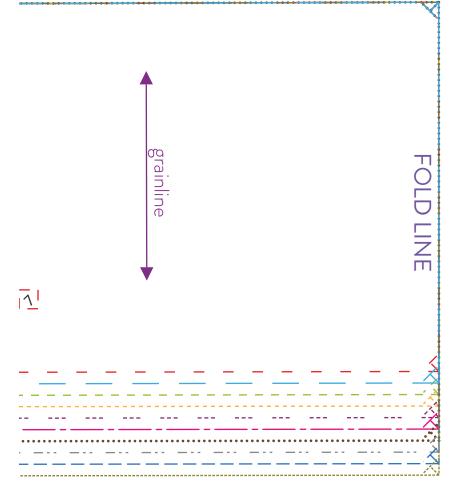
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### Common instructions:

**Cut on fold:** Place the labeled 'fold line' along the folded edge of the fabric. Cut out the pattern piece through both layers of fabric and open to get a full piece



After being cut out



Full piece opened after being cut out

Cut opposites: For some

need to be cut. Example: Hoods,

To get the opposite pieces, cut 1

pieces, a right and a left side

some pants and some sleeves.

 Folded edge

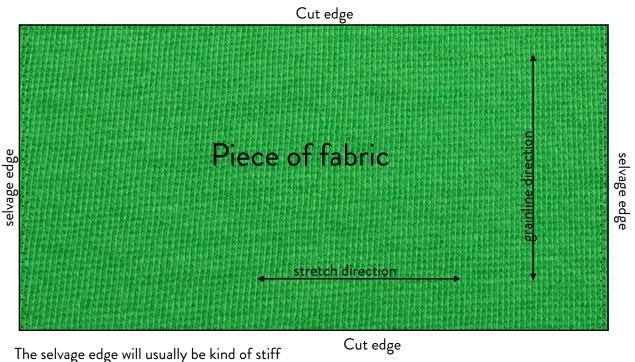
**Notch:** Needs to be clipped when cutting the pieces out. It will be indicated by a small line at the place that it needs to be marked. Example: center of a pants waist or center neck of a front piece. Mostly used when a piece is cut on the fold. Although, may be used at other times as well. You will make a 1/8" (2mm) cut into the fabric at that point. It will be used to match pieces later.



with the pattern facing up like the first photo and 1 with the pattern facing down like the second photo. You can also cut once on a piece of fabric that's been folded over to get 2 layers. **Grainline:** Grainline is very important because it affects the way your fabric stretches. If the grainline is vertical, the stretch is horizontal.

In most cases the stretch should be horizontal 'going around the body' so the grainline should be vertical.

If the grainline isn't easily visible you can see it better when you stretch the fabric .



The selvage edge will usually be kind of stiff with some holes in it from the manufacturing process.

The grainline runs parallel to the selvedge edge.

**Right sides together:** Meaning, the right sides of the fabric will be laying together. This is the way most seams are sewn so the seam is on the wrong side of the fabric. Assume that the fabrics will always be right-side-together unless otherwise specified.

# Begin sewing

# Step one:

 -From your main fabric:
 Cut out the front, back and 1 pocket piece on the fold.
 Cut out 2 hood pieces and 2 sleeves.
 (opposites by cutting 1 with the pattern facing up and 1 with the pattern facing down)

> From the contrasting fabric: Cut out the waistband and 1 pocket piece on the fold. Cut 2 wrist cuffs and 2 hood pieces. (1 right and 1 left) Optional is the arm seam edging detail. I cut mine 5/8" (1.6cm) wide and about 10" (25cm) long to have plenty of length.



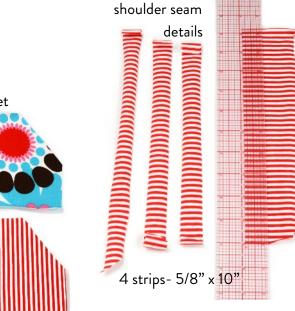


waistband



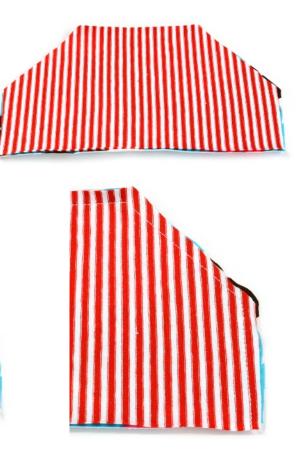


wrist cuffs



# Step two:

-Start with the 2 pocket layers. Place them together with the right sides of the fabric laying together. The wrong side of the fabric will be showing on both sides. Sew them together leaving the bottom seam open.







-Trim the corners of the seam allowance down to 1/8" (2mm) or a little smaller.



-Turn pocket right side out and sew along the the slanted edges to keep pocket flat. Sew right along the edge.



-Lay the pocket on the front of the sweatshirt so the bottom edge is pointing toward the top.

Lay it 1.25" (3.2cm) up from the waist and pin in place. Center it by using the notches as guides. The right side of the pocket will be face down against the right side of the sweatshirt front.





-Sew it to the front along the bottom edge of the pocket. 1/4"(6mm) in from the edge.





-Fold the pocket up onto the sweatshirt and pin at the top and both sides. -Sew pocket to the sweatshirt by sewing along the sides bottom and top. LEAVE the slanted edges open!



### Step three:

-For the (optional) shoulder seam detail, take one of the strips of fabric you cut out, fold it in half width-wise so you have a folded edge running the length of the binding. Sew it along one of the front arm seam edges. Make sure the folded edge is laying toward the center and the raw edges are lined up with the raw arm seam edge. Sew about 1/8" (2mm) in from the edge.

Do the same to the front and back arm seam edges. 4 total.





## Step four:



-Locate the sleeve front edge. The front edge of the sleeve is lower than the back edge.



-Lay it on top of the sweatshirt matching the arm seams. Right sides of fabric together!



-Serge the sleeve to the sweatshirt



-Open to see the binding exposed along the seam.

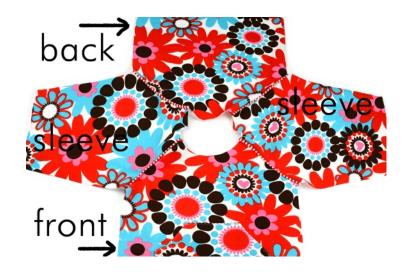


-Locate the opposite sleeve front edge and serge it on the same way.



-It should look like this. Now locate the back side of the sweatshirt.

-Sew the back arm edges to the back edges of the sleeves.



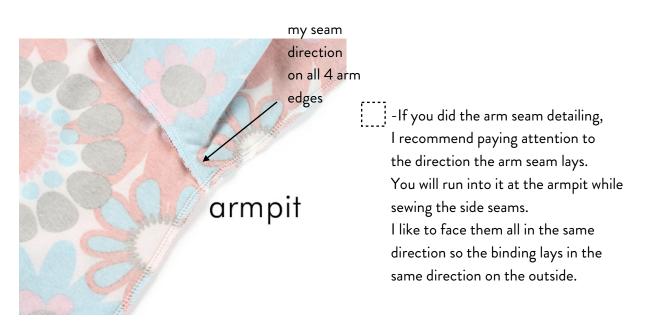
## Step five:



-Fold the sweatshirt on itself to line up the side seams.



-Sew both side seams closed.



### Step six:



-Serge your wrist cuffs and waistband closed, parallel to the grainline.



-Fold them in half so the wrong side is folded onto itself and it forms a cuff.



-Place the wrist cuffs inside the sleeve so all raw edges are matched up. The folded edge will be inside the sleeve.



-Place the waistband inside the waist. Pin waistband seam to center back notch. Pin waistband notch to center front notch.



-Sew the cuffs and the waistband to the sweatshirt by stretching them to fit and sewing in a complete circle. They will look like this when completed and pulled out

# Step seven:





-Sew both hood layers together by laying them right sides together and sewing along the head curve.



-Place the right-side-out layer inside the other layer so the right sides are hidden.





-Match the pieces at the center of the neck, so they are right side together.





-Turn one layer right side out.





-Sew the layers together around the front curve.





-Turn hood right side out by folding the inside layer into the outside layer.



-The center of the neck should look like this. The bottom of the hood will be open still.



-Place the hood inside the neck of the sweatshirt so all raw edges are lined up. Pin the center back seam to the center back notch. Pin the center neck seam to the center front notch.



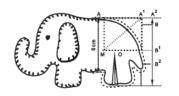
-Sew the hood on, all the way around the neck. Pay attention to the arm seam directions here too!! I make sure they are laying in the same direction as they are at the armpit.



-Pull the hood out to look like this. Turn sweatshirt right side out,

Then you're done!





#### Brindille & Twig

[ ON THE WEB ]

Official website:

<u>Brindilletwig.com</u>

Official Facebook page:

Facebook.com/brindilleandtwigpatterns

If you would like to show off your creations or ask questions of

other people using our patterns, join our forums!!

<u>Discuss.brindilletwig.com</u>

Facebook.com/groups/Brindilleandtwig/

I hope you enjoyed the process and outcome. If you have any

questions or suggestions you can contact me on our website OR at:

<u>Melissa@brindilletwig.com</u>