



BIB T-SHIRT

Size 62-116 | Confident beginner

Designed exclusivley for Sew Mama Sew http://www.sewmamasew.com

THANK YOU FOR DOWNLOADING A MISUSU PATTERN!

SUGGESTED FABRIC

NOTIONS

Main: jersey knit fabrics with at least 25% stretch (lycra or elastane).

Bib: jersey knit fabrics or 100% cotton woven fabrics.

Fusible interfacing for front closure: matching to material used for the bib. (Stretch interfacing when using jersey knit fabric.) thread ballpoint sewing needle 3-4 buttons pins scissors

PREPARATION

PRINT-AT-HOME INSTRUCTIONS

PRE-WASH all your fabrics. Knit fabrics especially, can shrink up to 5%. Be sure to use the same method you intend to clean your garment with when finished.

READ through all the instructions before starting, to minimize unforeseen problems.

GATHER all your supplies. Make sure you have all the fabric, thread, interfacing and notions required for the garment, as well as any tools you may need like scissors, pins, sewing machine (and/or serger).

PATTERNS are designed to print on both US Letter paper as well as A4 Paper. You will need a PDF viewer to print this pattern. If you do not have a PDF viewer already, you can download Adobe Reader for free at http://get.adobe.com/reader/

Make sure your printer is set to print at 100% with scaling turned off.

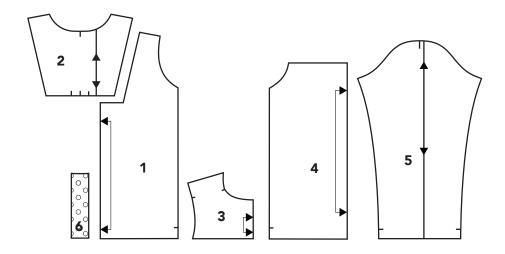
Print page 1 of the pattern and measure the 2.5 cm x 2.5 cm (1" x 1") square to make sure your pattern is printing at the correct scale.

Once you've verified that the measurements of the square are correct, print the rest of the pattern.

Cut off borders as needed, match the numbered/lettered triangles, and tape the pattern together.

SIZE CHART

SIZE	62 0-3m	68 3-6m	74 6-9m	80 9-12m	86 12-18m	92 18-24m	98 2-3y	104 3-4y	110 4-5y	116 5-6y
BODY MEASUREMENTS CM										
CHEST	44	46	48	50	52	54	55	56,5	58	60
WAIST	43,5	45	47	48	50	51	52	53,5	55	57
HEIGHT	62	68	74	80	86	92	98	104	110	116
INSEAM	21,5	24,5	27,5	31	34,5	37,5	41	44,5	48	51,5
BODY MEASUREMENTS INCH										
CHEST	17,25	18	18,75	19,5	20,5	21,25	21,75	22,25	22,75	23,5
WAIST	17,25	17,75	18,5	19	19,5	20	20,5	21	21,5	22,5
HEIGHT	24,5	26,75	29	31,5	33,75	36,25	38,5	41	43,25	45,5
INSEAM	8,5	9,5	11	12,25	13,5	14,75	16	17,5	19	20.25
FABRIC REQUIRED (meter & yards)										
MAIN VIEW A	0,5	0,5	0,5	0,5	0,5	0,5	0,75	0,75	0,75	0,75
CONTRAST BIB	0,25 meter/yard									
FUSIBLE INTERFACING	20cm x 20cm 8" x 8"									



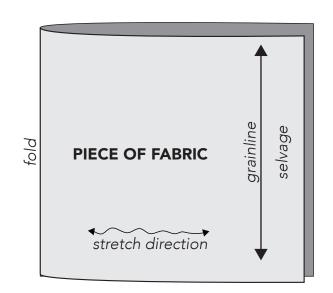
- 1. Front
- **2.** Bib
- **3.** Back yoke View A (also lining for view B)
- 4. Back
- **5.** Sleeves
- **6.** Fusible interfacing for bib closure

CUTTING INSTRUCTIONS

THE SELVAGE is the finished edge of the fabric. Fold your fabric selvage to selvage, with the right side up.

THE GRAINLINE is very important because it affects the way your fabric stretches. The grain line runs parallel (vertical) to the selvage.

Align the grainline printed on each pattern piece so that it is parallel to the selvage to ensure that the stretch "goes around the body".

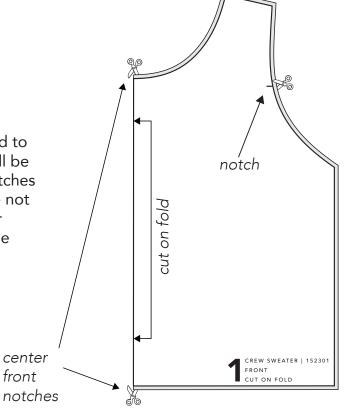


SEAM ALLOWANCE

All seam allowances are 1 cm ($\frac{3}{8}$ ").

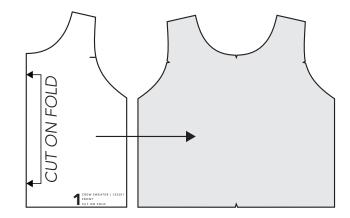
NOTCHES

A notch is a mark on the pattern used to correctly line up pattern pieces. It will be indicated by a small line. Clip the notches into the seam allowance, but be sure not to notch more than halfway into your seam allowance. Also always mark the center front and back of each piece placed on the fold with a notch.



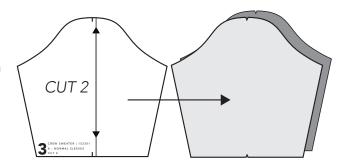
CUT ON FOLD

Place the pattern pieces marked "cut on fold" on the folded edge of the fabric. Cut out the pattern piece through both layers of fabric and open to get the full piece.



CUT 2

Place the pattern pieces marked "cut 2" on the folded fabric. Cut out the pattern pieces through both layers, this way creating opposites.

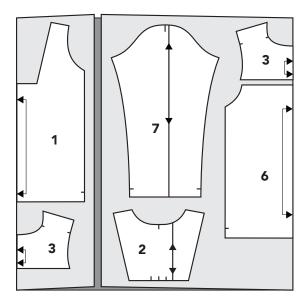


CUTTING LAYOUT

Layout the pattern pieces on your fabric according the markings on the pattern pieces. Start with the pieces that need to be cut on the fold and go from there. Create two fabric folds to save fabric when possible.

MAIN FABRIC LAYOUT 150 CM - 58" FABRIC WIDTH VIEW A

(cut back yoke 3 on the fold x 2)



FUSIBLE INTERFACING

(for both views, match to bib fabric)



OPTIONAL: CONTRAST FABRIC BIB 150 CM - 58" FABRIC WIDTH



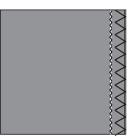
A serger is ideal for finishing knits - it automatically makes a stretchable finished seam. But if you don't own a serger, a normal sewing machine will do just fine!

When using a sewing machine, always start with a double layered test swatch to try to find the perfect stitch setting for your selected fabric.

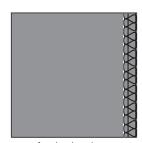
For the main seams, use a knit stitch (check your machine manual) or a narrow zigzag stitch. When using a zigzag, start by setting the width and length very low (approx. width 2 and length $\frac{1}{2}$).

Make a row of stitches on your test swatch and give it a pull. If the thread breaks, the seam is not giving enough tolerance for the fabric to stretch. Adjust the length of the stitch (bigger means more stretch). You can also try and lower the tension of the upper thread.

When stitching knit fabrics, make sure not to pull the fabric, only gently guide it along. If your seam is a bit stretched out by stitching, ironing the seam can help flattening it out. Finish the seams with a big zigzag.



seam closed with a small zigzag and raw edge finished with a big zigzag



seam finished with a serger

FABRIC KEY

Right side

Wrong side

PLEASE NOTE!

All seam allowances are 1 cm ($\frac{3}{8}$ ").



Interfacing

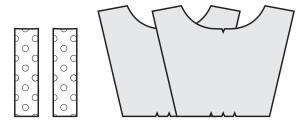
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SEWING INSTRUCTIONS

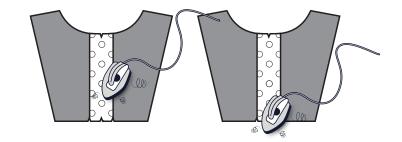
BEFORE YOU BEGIN Make sure all pattern pieces cut on the fold have notches marking the center front/back.

BIB

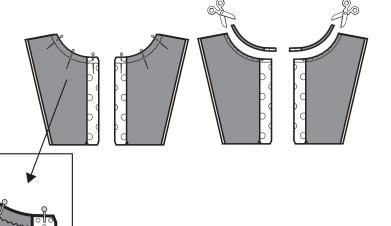
STEP 1A Take both bib pattern pieces (2) and the fusible interfacing pattern pieces (6).



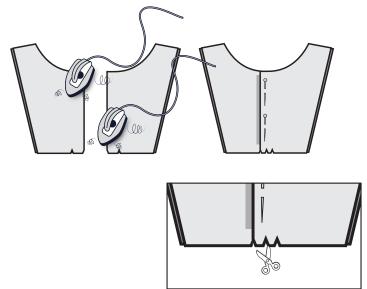
STEP 1B Place the fusible interfacing on the WRONG side of the fabric, between the bottom 2 notches. Fuse all pieces according the instructions of your fusible interfacing.



STEP 1C Pin the curved neckline of both bib sides together. Close the seam with a knit stitch or a small zigzag stitch. Grade the seam by trimming the seam allowance in half.

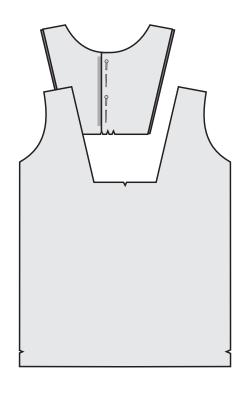


STEP 1D Turn both bib sides. The seam should be hidden inside. Press the neckline. Overlap both bib sides between the notches. Pin the bib together. Add another notch between both bottom notches. This is the center front notch.



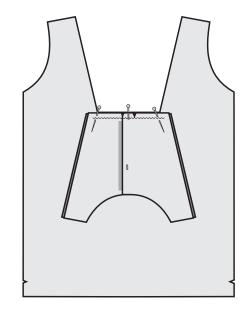
FRONT

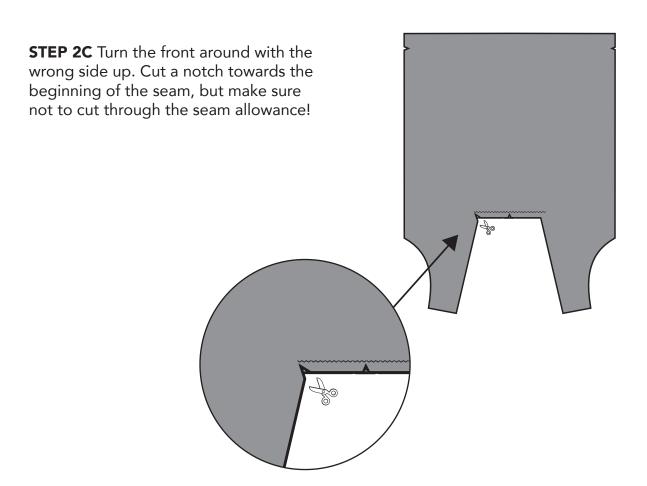
STEP 2A Take the bib and front pattern piece (1).



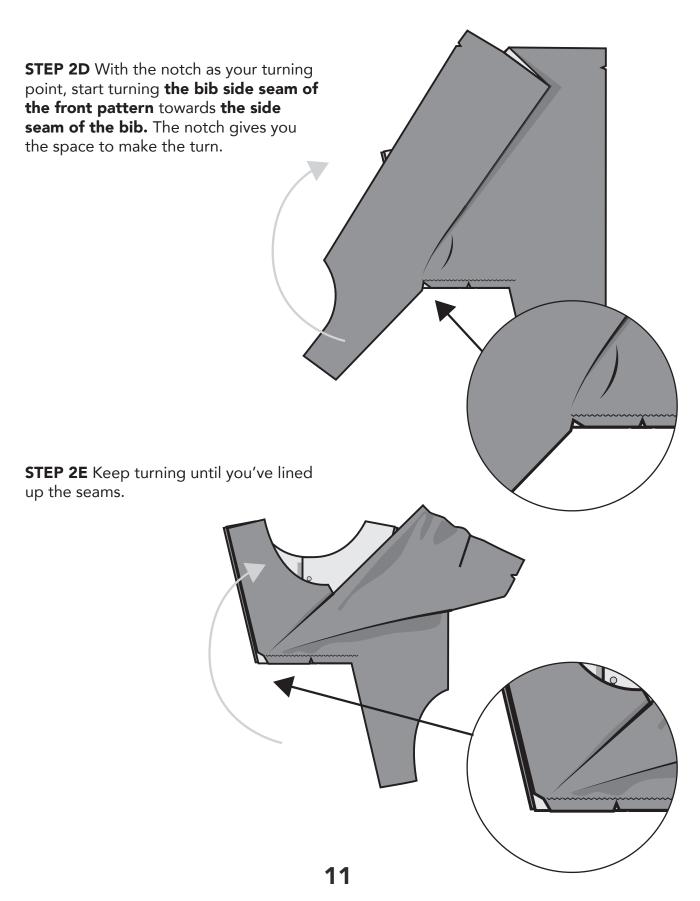
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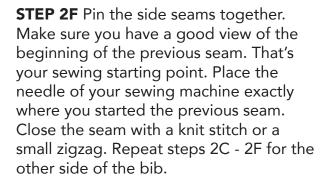
STEP 2B With the right sides together, pin the bib to the front, matching the center front notch of the bib to the front notch. Close the seam with a knit stitch or a small zigzag stitch.

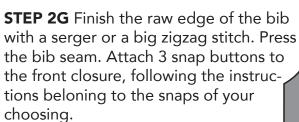




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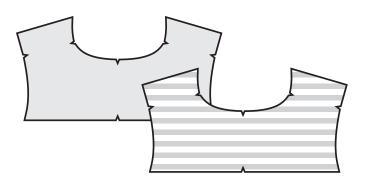




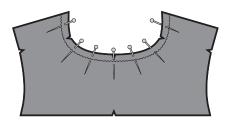




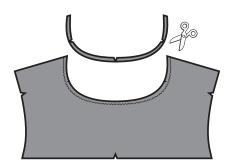
STEP 3A Take both back yoke pattern pieces (3) in the main and lining fabric.



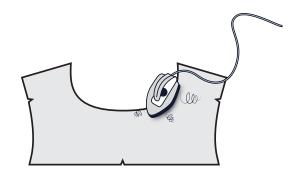
STEP 3B Pin with the right sides together and close the curved neckline seam with a knit stitch or a small zigzag.



STEP 3C Grade the seam by trimming the seam allowance in half.



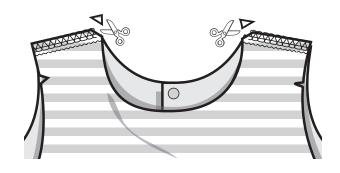
STEP 3D Turn the back yoke. The seam should be hidden inside. Press the neckline.



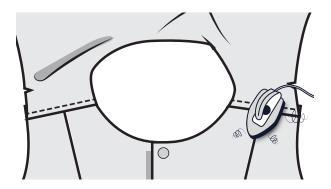
STEP 3E With the right sides together, pin the back yoke to the front. Close the dropped shoulder seams with a knit stitch or a small zigzag.



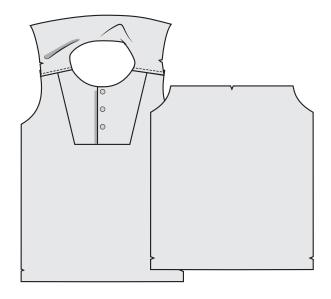
STEP 3F Clip the corners or the seam allowance at the neckline. Finish the raw edge of the dropped shoulder seams with a serger or a big zigzag.



STEP 3G Press the dropped shoulder seams towards the back. Topstitch the dropped shoulder seams 5mm (1/4") from the edge.

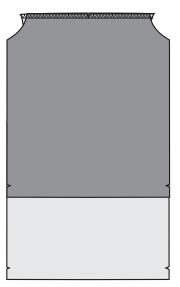


STEP 4A Take the front and the back pattern piece (4).

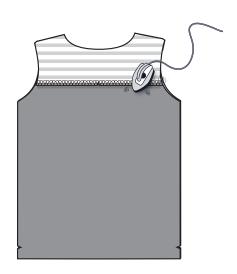


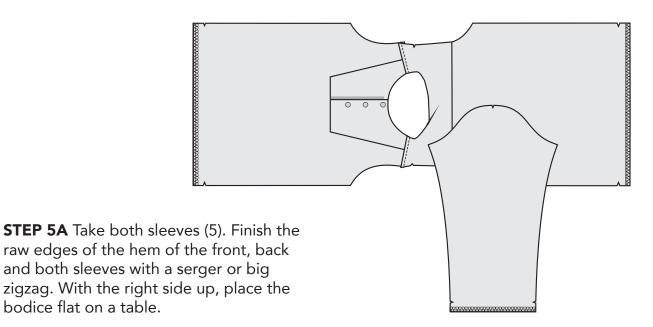
STEP 4B With the right sides together, pin the back to the back yoke. Serge together.

Sewing machine: use a knit stitch or small zigzag to stitch the seam. Finish the raw edge with a big zigzag.



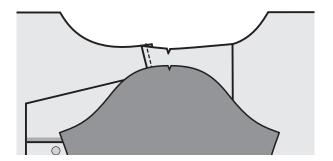
STEP 4C Press the seam down.



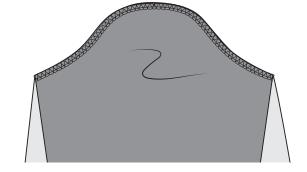


STEP 5B With the right sides together, align the sleeve cap notch with the shoulder notch. Pin in place.

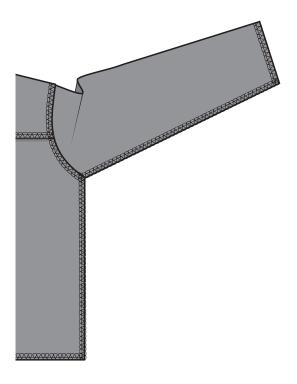
bodice flat on a table.



STEP 5C Serge the sleeve to the shirt. Sewing machine: use a knit stitch or small zigzag to stitch the seam. Finish the raw edge with a big zigzag. Press the seam towards the sleeve. Repeat for the other sleeve.

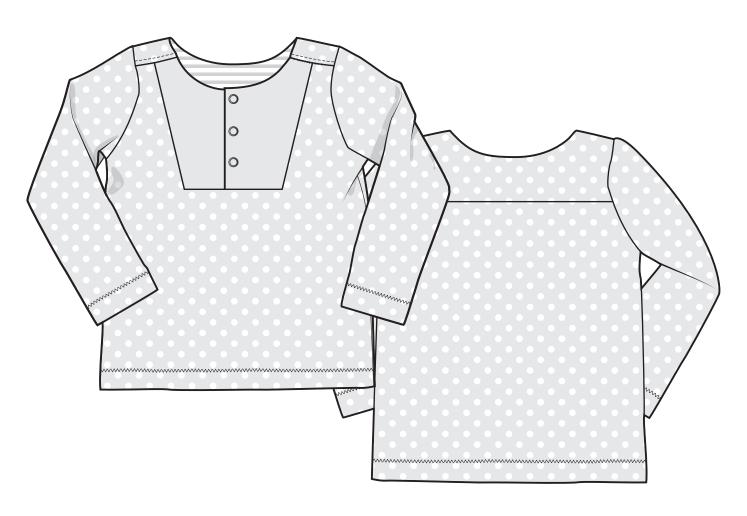


STEP 5D With the right sides together, line up the raw edges of the side seams. Serge together. Sewing machine: use a knit stitch or small zigzag to stitch the seam. Finish the raw edge with a big zigzag. Press the seam to the back.



STEP 6A Turn the shirt inside out. STEP 6B With the right side up, fold the bottom hem up toward to the inside 2,5 cm (1"). Pin in place. **STEP 6C** Use a big zigzag stitch across the top to hem. Press the hem. **STEP 6D** For the sleeves: press the side seam towards the back. STEP 6E With the right side up, fold the bottom hem up toward to the inside 2,5 cm (1"). Pin in place. STEP 6F Use a big zigzag stitch across the top to hem. Press the hem.







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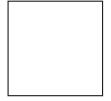


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QUESTIONS OR SUGGESTIONS? CONTACT US HELLO@MISUSU.CO



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TEST SQUARE 2,5cm x 2,5cm 1" x 1"



-PATTERNS-

for

SEW MAMA SEW

MAX TEE | PATTERN NOTES

PLEASE NOTE! 3/8" (1 cm) seam allowance is included in all pattern pieces.

SIZE GUIDELINES

EUR 62 | 0-3M

EUR 68 | 3-6M

EUR 74 | 6-9M

EUR 80 | 9-12M

EUR 86 | 12-18M

EUR 92 | 18-24M

EUR 98 | 2-3Y

EUR 104 | 3-4Y

EUR 110 | 4-5Y

EUR 116 | 5-6Y

PATTERN SYMBOL KEZ

