# MISUSU 

-PATTERNS


## BIB T-SHIRT

Size 62-116 | Confident beginner

Designed exclusivley for Sew Mama Sew http://www.sewmamasew.com

# THANK YOU FOR DOWNLOADING A MISUSU PATTERN! 

SUGGESTED FABRIC NOTIONS

Main: jersey knit fabrics with at least 25\% stretch (lycra or elastane).
Bib: jersey knit fabrics or $100 \%$ cotton woven fabrics.
Fusible interfacing for front closure: matching to material used for the bib. (Stretch interfacing when using jersey knit fabric.)
thread
ballpoint sewing needle
3-4 buttons
pins
scissors

PRINT-AT-HOME INSTRUCTIONS

PRE-WASH all your fabrics. Knit fabrics especially, can shrink up to $5 \%$.
Be sure to use the same method you intend to clean your garment with when finished.

READ through all the instructions before starting, to minimize unforeseen problems.

GATHER all your supplies. Make sure you have all the fabric, thread, interfacing and notions required for the garment, as well as any tools you may need like scissors, pins, sewing machine (and/or serger).

PATTERNS are designed to print on both US Letter paper as well as A4 Paper. You will need a PDF viewer to print this pattern. If you do not have a PDF viewer already, you can download Adobe Reader for free at http://get.adobe.com/reader/

Make sure your printer is set to print at $100 \%$ with scaling turned off.

Print page 1 of the pattern and measure the $2,5 \mathrm{~cm} \times 2,5 \mathrm{~cm}\left(1^{\prime \prime} \times 1^{\prime \prime}\right)$ square to make sure your pattern is printing at the correct scale.

Once you've verified that the measurements of the square are correct, print the rest of the pattern.

Cut off borders as needed, match the numbered/lettered triangles, and tape the pattern together.

|  | 62 | 68 | 74 | 80 | 86 | 92 | 98 | 104 | 110 | 116 |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| SIZE | $0-3 m$ | $3-6 m$ | $6-9 m$ | $9-12 m$ | $12-18 \mathrm{~m}$ | $18-24 m$ | $2-3 y$ | $3-4 y$ | $4-5 y$ | $5-6 y$ |

## BODY MEASUREMENTS CM

| CHEST | 44 | 46 | 48 | 50 | 52 | 54 | 55 | 56,5 | 58 | 60 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| WAIST | 43,5 | 45 | 47 | 48 | 50 | 51 | 52 | 53,5 | 55 | 57 |
| HEIGHT | 62 | 68 | 74 | 80 | 86 | 92 | 98 | 104 | 110 | 116 |
| INSEAM | 21,5 | 24,5 | 27,5 | 31 | 34,5 | 37,5 | 41 | 44,5 | 48 | 51,5 |

## BODY MEASUREMENTS INCH

| CHEST | 17,25 | 18 | 18,75 | 19,5 | 20,5 | 21,25 | 21,75 | 22,25 | 22,75 | 23,5 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| WAIST | 17,25 | 17,75 | 18,5 | 19 | 19,5 | 20 | 20,5 | 21 | 21,5 | 22,5 |
| HEIGHT | 24,5 | 26,75 | 29 | 31,5 | 33,75 | 36,25 | 38,5 | 41 | 43,25 | 45,5 |
| INSEAM | 8,5 | 9,5 | 11 | 12,25 | 13,5 | 14,75 | 16 | 17,5 | 19 | 20.25 |

## FABRIC REQUIRED ( meter \& yards )

$\begin{array}{llllllllll}\text { MAIN VIEW A } & 0,5 & 0,5 & 0,5 & 0,5 & 0,5 & 0,5 & 0,75 & 0,75 & 0,75\end{array} 0,75$

CONTRAST BIB
0,25 meter/yard
FUSIBLE
INTERFACING $20 \mathrm{~cm} \times 20 \mathrm{~cm} \mid 8^{\prime \prime} \times 8^{\prime \prime}$

## PATTERN INVENTORY



1. Front
2. Bib
3. Back yoke View A (also lining for view B )
4. Back
5. Sleeves
6. Fusible interfacing for bib closure

## CUTTING INSTRUCTIONS

THE SELVAGE is the finished edge of the fabric. Fold your fabric selvage to selvage, with the right side up.

THE GRAINLINE is very important because it affects the way your fabric stretches. The grain line runs parallel (vertical) to the selvage.
Align the grainline printed on each pattern piece so that it is parallel to the selvage to ensure that the stretch "goes around the body".


## SEAM ALLOWANCE

All seam allowances are $1 \mathrm{~cm}\left(3 / 8^{\prime \prime}\right)$.

## NOTCHES

A notch is a mark on the pattern used to correctly line up pattern pieces. It will be indicated by a small line. Clip the notches into the seam allowance, but be sure not to notch more than halfway into your seam allowance. Also always mark the center front and back of each piece placed on the fold with a notch.


## CUT ON FOLD

Place the pattern pieces marked "cut on fold" on the folded edge of the fabric. Cut out the pattern piece through both layers of fabric and open to get the full piece.


## CUT 2

Place the pattern pieces marked "cut 2" on the folded fabric. Cut out the pattern pieces through both layers, this way creating opposites.


## CUTTING LAYOUT

Layout the pattern pieces on your fabric according the markings on the pattern pieces. Start with the pieces that need to be cut on the fold and go from there. Create two fabric folds to save fabric when possible.

## MAIN FABRIC LAYOUT

## 150 CM - 58" FABRIC WIDTH

## VIEW A

(cut back yoke 3 on the fold $\times 2$ )


## FUSIBLE INTERFACING

(for both views, match to bib fabric)


## OPTIONAL: CONTRAST FABRIC BIB

 150 CM - 58" FABRIC WIDTH

## ON SEWING KNITS

A serger is ideal for finishing knits - it automatically makes a stretchable finished seam. But if you don't own a serger, a normal sewing machine will do just fine!

When using a sewing machine, always start with a double layered test swatch to try to find the perfect stitch setting for your selected fabric.
For the main seams, use a knit stitch (check your machine manual) or a narrow zigzag stitch. When using a zigzag, start by setting the width and length very low (approx. width 2 and length $1 / 2$ ).

Make a row of stitches on your test swatch and give it a pull. If the thread breaks, the seam is not giving enough tolerance for the fabric to stretch. Adjust the length of the stitch (bigger means more stretch). You can also try and lower the tension of the upper thread.

When stitching knit fabrics, make sure not to pull the fabric, only gently guide it along. If your seam is a bit stretched out by stitching, ironing the seam can help flattening it out. Finish the seams with a big zigzag.

seam closed with a small zigzag


## FABRIC KEY



## SEWING INSTRUCTIONS

BEFORE YOU BEGIN Make sure all pattern pieces cut on the fold have notches marking the center front/back.

BIB

STEP 1A Take both bib pattern pieces (2) and the fusible interfacing pattern pieces (6).


STEP 1B Place the fusible interfacing on the WRONG side of the fabric, between the bottom 2 notches. Fuse all pieces according the instructions of your fusible interfacing.


STEP 1C Pin the curved neckline of both bib sides together. Close the seam with a knit stitch or a small zigzag stitch. Grade the seam by trimming the seam allowance in half.


STEP 1D Turn both bib sides. The seam should be hidden inside. Press the neckline. Overlap both bib sides between the notches. Pin the bib together. Add another notch between both bottom notches. This is the center front notch.


## FRONT

STEP 2A Take the bib and front pattern piece (1).


STEP 2B With the right sides together, pin the bib to the front, matching the center front notch of the bib to the front notch. Close the seam with a knit stitch or a small zigzag stitch.


STEP 2C Turn the front around with the wrong side up. Cut a notch towards the beginning of the seam, but make sure not to cut through the seam allowance!


STEP 2D With the notch as your turning point, start turning the bib side seam of the front pattern towards the side seam of the bib. The notch gives you the space to make the turn.

STEP 2E Keep turning until you've lined up the seams.


STEP 2F Pin the side seams together. Make sure you have a good view of the beginning of the previous seam. That's your sewing starting point. Place the needle of your sewing machine exactly where you started the previous seam. Close the seam with a knit stitch or a small zigzag. Repeat steps $2 \mathrm{C}-2 \mathrm{~F}$ for the other side of the bib.


STEP 2G Finish the raw edge of the bib with a serger or a big zigzag stitch. Press the bib seam. Attach 3 snap buttons to the front closure, following the instructions beloning to the snaps of your choosing.


## BACK YOKE

STEP 3A Take both back yoke pattern pieces (3) in the main and lining fabric.


STEP 3B Pin with the right sides together and close the curved neckline seam with a knit stitch or a small zigzag.


STEP 3C Grade the seam by trimming the seam allowance in half.


STEP 3E With the right sides together, pin the back yoke to the front. Close the dropped shoulder seams with a knit stitch or a small zigzag.


STEP 3F Clip the corners or the seam allowance at the neckline. Finish the raw edge of the dropped shoulder seams with a serger or a big zigzag.


STEP 3G Press the dropped shoulder seams towards the back. Topstitch the dropped shoulder seams 5 mm (1/4") from the edge.


STEP 4A Take the front and the back pattern piece (4).


STEP 4B With the right sides together, pin the back to the back yoke. Serge together.
Sewing machine: use a knit stitch or small zigzag to stitch the seam. Finish the raw edge with a big zigzag.


STEP 4C Press the seam down.


## SLEEVES



STEP 5B With the right sides together, align the sleeve cap notch with the shoulder notch. Pin in place.


STEP 5C Serge the sleeve to the shirt. Sewing machine: use a knit stitch or small zigzag to stitch the seam. Finish the raw edge with a big zigzag. Press the seam towards the sleeve.
Repeat for the other sleeve.


STEP 5D With the right sides together, line up the raw edges of the side seams. Serge together. Sewing machine: use a knit stitch or small zigzag to stitch the seam. Finish the raw edge with a big zigzag. Press the seam to the back.


STEP 6A Turn the shirt inside out.


STEP 6B With the right side up, fold the bottom hem up toward to the inside 2,5 $\mathrm{cm}\left(1^{\prime \prime}\right)$. Pin in place.


STEP 6C Use a big zigzag stitch across the top to hem. Press the hem.

STEP 6D For the sleeves: press the side seam towards the back.

STEP 6E With the right side up, fold the bottom hem up toward to the inside 2,5 $\mathrm{cm}\left(1^{\prime \prime}\right)$. Pin in place.


STEP 6F Use a big zigzag stitch across the top to hem. Press the hem.



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TEST SQUARE $2,5 \mathrm{~cm} \times 2,5 \mathrm{~cm}$ $1^{\prime \prime} \times 1$ "

- PATTERNS-
for
SEW MAMA SEW

MAX TEE | PATTERN NOTES

PLEASE NOTE! 3/8" ( 1 cm ) seam allowance is included in all pattern pieces.

## SIZE GUIDELINES

EUR 62 | 0-3M
EUR 68 | 3-6M


EUR 74 | 6-9M

EUR 92 | $18-24 \mathrm{M}$------------------------------- .
EUR 98|2-3Y $\quad-\quad-\quad-\quad-\quad-\quad-\quad-\quad-\quad-\quad-\quad-$
EUR 104 | 3-4Y
EUR 110|4-5Y
EUR 116|5-6Y


PATTERN SYMBOL KERA










