
-PATTERNS


## ROWAN TEE

Style 152205 | Size 62-116 | Beginner

# THANK YOU FOR DOWNLOADING A MISUSU PATTERN! 

SUGGESTED FABRIC<br>NOTIONS

Light to medium weight jersey knits, with
thread
stretch (lycra, spandex or elastane).
ballpoint sewing needle
Knit fabric for the neckband: Rib knit pins fabric or a medium weight, cotton/elas- scissors tane blend jersey.

## PREPARATION

PRINT-AT-HOME INSTRUCTIONS

PRE-WASH all your fabrics. Knit fabrics especially, can shrink up to $5 \%$.
Be sure to use the same method you intend to clean your garment with when finished.

READ through all the instructions before starting, to minimize unforeseen problems.

GATHER all your supplies. Make sure you have all the fabric, thread, interfacing and notions required for the garment, as well as any tools you may need like scissors, pins, sewing machine (and/or serger).

PATTERNS are designed to print on both US Letter paper as well as A4 Paper. You will need a PDF viewer to print this pattern. If you do not have a PDF viewer already, you can download Adobe Reader for free at http://get.adobe.com/reader/

Make sure your printer is set to print at $100 \%$ with scaling turned off.

Print page 1 of the pattern and measure the $2,5 \mathrm{~cm} \times 2,5 \mathrm{~cm}\left(1^{\prime \prime} \times 1^{\prime \prime}\right)$ square to make sure your pattern is printing at the correct scale.

Once you've verified that the measurements of the square are correct, print the rest of the pattern.

Cut off borders as needed, match the numbered/lettered triangles, and tape the pattern together.

## SIZE CHART

|  | 62 | 68 | 74 | 80 | 86 | 92 | 98 | 104 | 110 |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| SIZE | $0-3 m$ | $3-6 m$ | $6-9 m$ | $9-12 m$ | $12-18 m$ | $18-24 m$ | $2-3 y$ | $3-4 y$ | $4-5 y$ |
|  | $5-6 y$ |  |  |  |  |  |  |  |  |

## BODY MEASUREMENTS CM

| CHEST | 44 | 46 | 48 | 50 | 52 | 54 | 55 | 56,5 | 58 | 60 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| WAIST | 43,5 | 45 | 47 | 48 | 50 | 51 | 52 | 53,5 | 55 | 57 |
| HEIGHT | 62 | 68 | 74 | 80 | 86 | 92 | 98 | 104 | 110 | 116 |
| INSEAM | 21,5 | 24,5 | 27,5 | 31 | 34,5 | 37,5 | 41 | 44,5 | 48 | 51,5 |

BODY MEASUREMENTS INCH

| CHEST | 17,25 | 18 | 18,75 | 19,5 | 20,5 | 21,25 | 21,75 | 22,25 | 22,75 | 23,5 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| WAIST | 17,25 | 17,75 | 18,5 | 19 | 19,5 | 20 | 20,5 | 21 | 21,5 | 22,5 |
| HEIGHT | 24,5 | 26,75 | 29 | 31,5 | 33,75 | 36,25 | 38,5 | 41 | 43,25 | 45,5 |
| INSEAM | 8,5 | 9,5 | 11 | 12,25 | 13,5 | 14,75 | 16 | 17,5 | 19 | 20.25 |

## FABRIC REQUIRED ( meter \& yards )

$\begin{array}{lllllllllll}\text { MAIN JERSEY KNIT } & 0,5 & 0,5 & 0,75 & 0,75 & 0,75 & 0,75 & 0,75 & 0,75 & 1 & 1\end{array}$

## PATTERN INVENTORY



1. Front
2. Back
3. Pocket
4. Neckband

## CUTTING INSTRUCTIONS

THE SELVAGE is the finished edge of the fabric. Fold your fabric selvage to selvage, with the right side up.

THE GRAINLINE is very important because it affects the way your fabric stretches. The grain line runs parallel (vertical) to the selvage.
Align the grainline printed on each pattern piece so that it is parallel to the selvage to ensure that the stretch "goes around the body".


## SEAM ALLOWANCE

All seam allowances are $1 \mathrm{~cm}\left(3 / 8^{\prime \prime}\right)$.

## NOTCHES

A notch is a mark on the pattern used to correctly line up pattern pieces. It will be indicated by a small line. Clip the notches into the seam allowance, but be sure not to notch more than halfway into your seam allowance. Also always mark the center front and back of each piece placed on the fold with a notch.


## CUT ON FOLD

Place the pattern pieces marked "cut on fold" on the folded edge of the fabric. Cut out the pattern piece through both layers of fabric and open to get the full piece.


## CUT 2

Place the pattern pieces marked "cut 2" on the folded fabric. Cut out the pattern pieces through both layers, this way creating opposites.


## CUTTING LAYOUT

Layout the pattern pieces on your fabric according the markings on the pattern pieces. Start with the pieces that need to be cut on the fold and go from there. Create two fabric folds to save fabric when possible. Pattern pieces $3 \& 4$ only need to be cut once.

## MAIN FABRIC LAYOUT

150 CM - 58" FABRIC WIDTH


## ON SEWING KNITS

A serger is ideal for finishing knits - it automatically makes a stretchable finished seam. But if you don't own a serger, a normal sewing machine will do just fine!

When using a sewing machine, always start with a double layered test swatch to try to find the perfect stitch setting for your selected fabric.
For the main seams, use a knit stitch (check your machine manual) or a narrow zigzag stitch. When using a zigzag, start by setting the width and length very low (approx. width 2 and length $1 / 2$ ).

Make a row of stitches on your test swatch and give it a pull. If the thread breaks, the seam is not giving enough tolerance for the fabric to stretch. Adjust the length of the stitch (bigger means more stretch). You can also try and lower the tension of the upper thread.

When stitching knit fabrics, make sure not to pull the fabric, only gently guide it along. If your seam is a bit stretched out by stitching, ironing the seam can help flattening it out. Finish the seams with a big zigzag.

seam closed with a small zigzag and raw edge finished with a big zigzag

seam finished with a serger

## FABRIC KEY



Right side


Wrong side

## PLEASE NOTE!

All seam allowances are $1 \mathrm{~cm}\left(3 / 8^{\prime \prime}\right)$.

## SEWING INSTRUCTIONS

BEFORE YOU BEGIN Make sure all
pattern pieces cut on the fold have notches marking the center front/back.

STEP 1A Take the Pocket pattern piece (3). Finish the top edge with a serger or big zigzag. Fold the pocket facing down along the notches. Press the seam.

STEP 1B Topstitch the pocket 2 cm $\left(0,75^{\prime \prime}\right)$ from the top in a zigzag stitch or with a twin needle.


STEP 1C Finish the side and bottom edges with a serger or a big zigzag. Fold the seam allowance at the sides and bottom under, then press.


STEP 1D Pin the pocket along the pocket placement line. Stitch the pocket to the front around the folded edges, close to the edge of the fold. Press.


## SHOULDERS

STEP 2B Take the Front pattern piece (1) and Back pattern piece (2). Finish the raw edges of the bottom and the sleeves with a serger or big zigzag.


STEP 2B With the right sides together, align the shoulders of the front and back. Match the notches.


STEP 2C Serge the shoulders together. Sewing machine: use a knit stitch or small zigzag to stitch the seam. Finish the raw edge with a big zigzag.


STEP 2D Press the seam towards the back.


STEP 2E Fold the sleeve hem up towards the inside from the notches.


STEP 2F Topstitch the hem $2 \mathrm{~cm}(0,75$ ") from the top in a zigzag stitch or with a twin needle.


## NECKBAND

STEP 3A Take the Neckband pattern
 piece (4). With the RIGHT sides together, fold in halve. Serge the ends together or use a small zigzag stitch.

STEP 3B Press the seam. With the WRONG sides together, fold the neckband in halve. The seam should be
 hidden.

STEP 3C Press the neckband.


STEP 3D Take the shirt and the neckband.


STEP 3E With the right sides together, place the neckband over the neck area of the shirt, lining up the raw edges. Line up the neckband notch with the center front
 notch of the shirt. Pin in place.

STEP 3F Line up the seam of the neckband with the center back notch of the shirt. Pin in place. Divide the neckband width evenly over the neck width of the garment.


STEP 3G Serge the neckband to the neck area, evenly stretching it to fit as you go.
Sewing machine: use a knit stitch or a small zigzag to stitch the neckband to the neck area, evenly stretching it to fit
 as you go. Finish the raw edge with a big zigzag.

STEP 3H Turn the shirt inside out. Press the neckband seam down.


STEP 4A Turn the shirt inside out. With the right sides together, line up the raw edges of the side seams. Serge together. Sewing machine: use a knit stitch or small zigzag to stitch the seam. Finish the raw edge with a big zigzag. Press the seam to the back.


STEP 4B With the WRONG sides together, fold the bottom hem up from the notches. Topstitch the hem $2,5 \mathrm{~cm}$ (1") from the bottom in a zigzag stitch or with a twin needle.



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QUESTIONS OR SUGGESTIONS?
CONTACT US
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-PATTERNS

ROWAN TEE | PATTERN NOTES

PLEASE NOTE! $3 / 8^{\prime \prime}(1 \mathrm{~cm})$ seam allowance is included in all pattern pieces.

SIZE GUIDELINES

EUR 62 | 0-3M
EUR 68 | 3-6M
EUR 74 | 6-9M
EUR 80 | 9-12M
EUR 86 | 12-18M
EUR 92 | 18-24M
EUR 98 | 2-3Y
EUR 104 | 3-4Y
EUR 110|4-5Y
EUR 116 | 5-6Y


## PATTERN SYMBOL KEY

2A








