

FINE MOTOR SKILLS



the alayne romper

Sleeves? Sure. Strapless? Why not.

This convertible romper can be worn in a multitude of styles depending on your mood. It is an incredibly easy sew that consists of only 4 seams (with a bit of basting). The hem has a sassy dipped front and plenty of flattering fullness. PS. It feels like wearing pajamas.

Sizes: S, M, L

WHAT YOU WILL NEED

TOOLS

- fabric shears
- pins
- marking pen or chalk
- pattern weights (or books, plates, bricks etc)

SUPPLIES

- main fabric
- thread


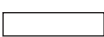
RECOMMENDED FABRIC

Jersey that contains spandex or Lycra is essential. A 4-way stretch jersey knit will work the best.

The jersey should be very thin but strong to withstand the pulling and wrapping, therefore synthetic contents like polyester and nylon are recommended. Natural fibres like cotton and rayon may break under the strain. Look for a jersey that is thin and a little slippery feeling. However make sure the jersey is not too sheer as the top can be worn as a single layer and the shorts are unlined.

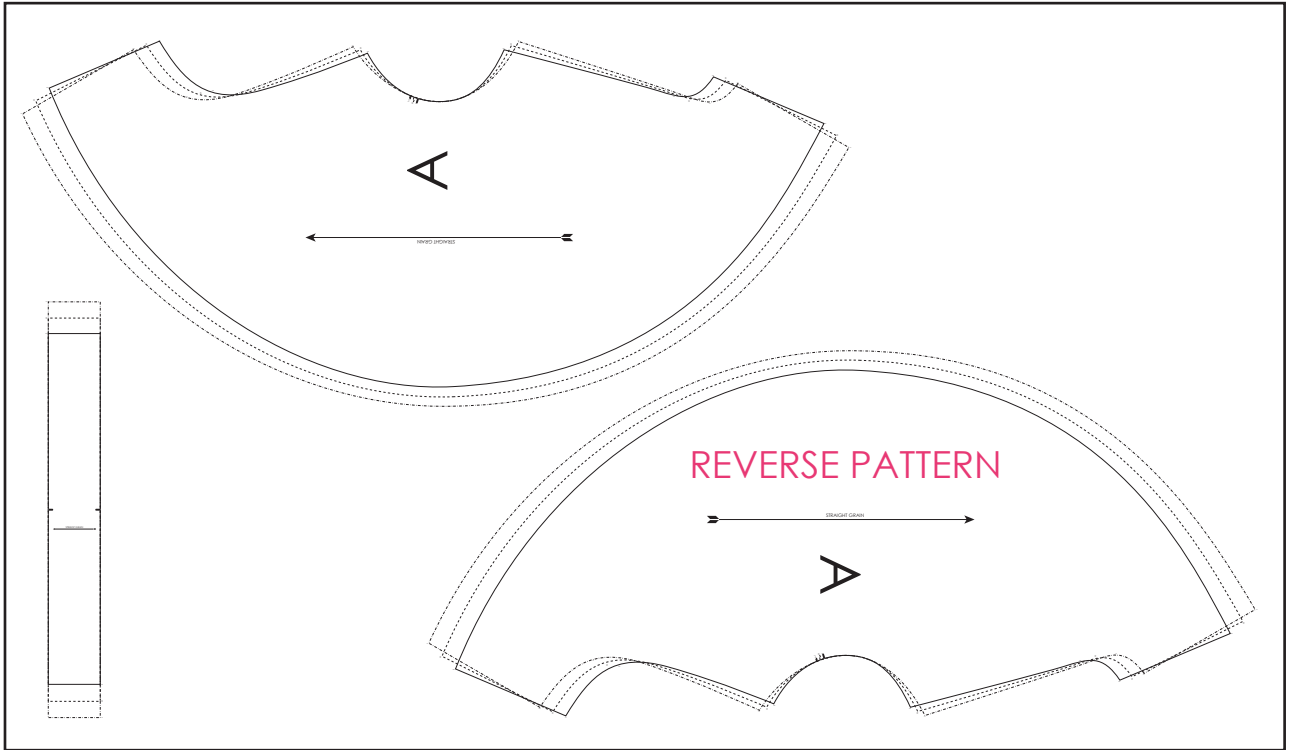
	S	M	L
BODY MEASUREMENTS (CM)			
bust	84-87	88-92	93-97
waist	63-66	67-71	72-76
hip	89-92	93-97	98-102
FABRIC REQUIRED (METRES)			
main fabric			
115 cm (45")	4 m	4.1 m	4.2 m
150 cm (60")	3.5 m	3.6 m	3.7 m

NOTES

- pre-wash fabrics to prevent shrinkage and remove sizing
- all pattern pieces include 1 cm (3/8") seam allowances
- using a 4-thread overlock stitch for all seams is best but a zigzag or double needle will also work
- pattern can be printed on letter or A4 paper
- in instruction diagrams grey  indicates the right side of the fabric and white  indicates the wrong side of the fabric.

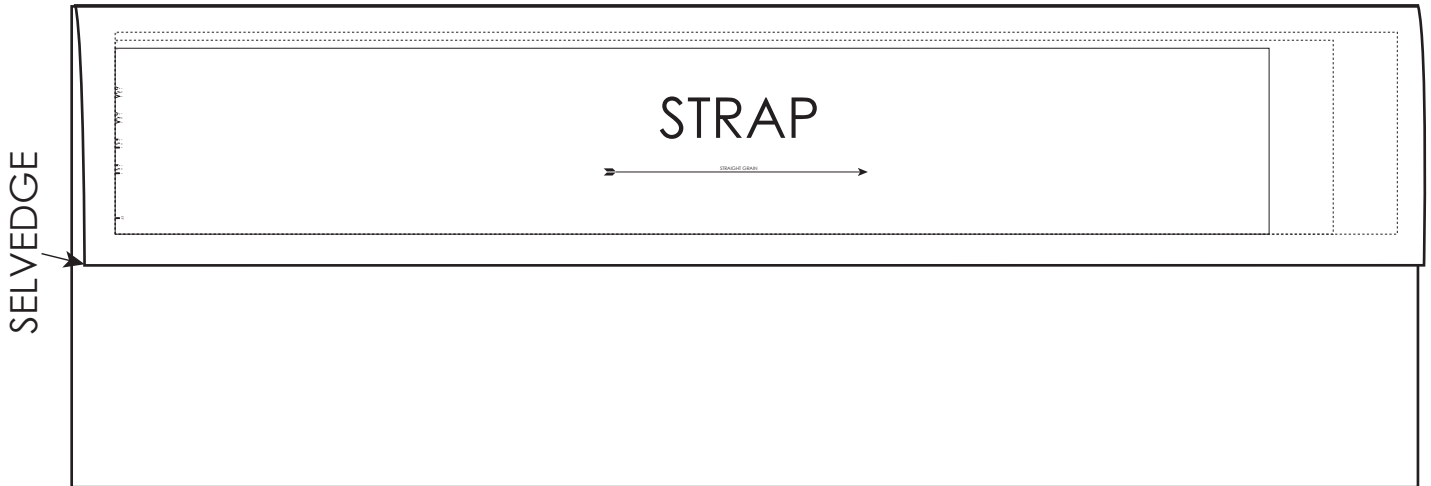
CUTTING LAYOUT for 115 cm/45"

SELVEDGE



SELVEDGE

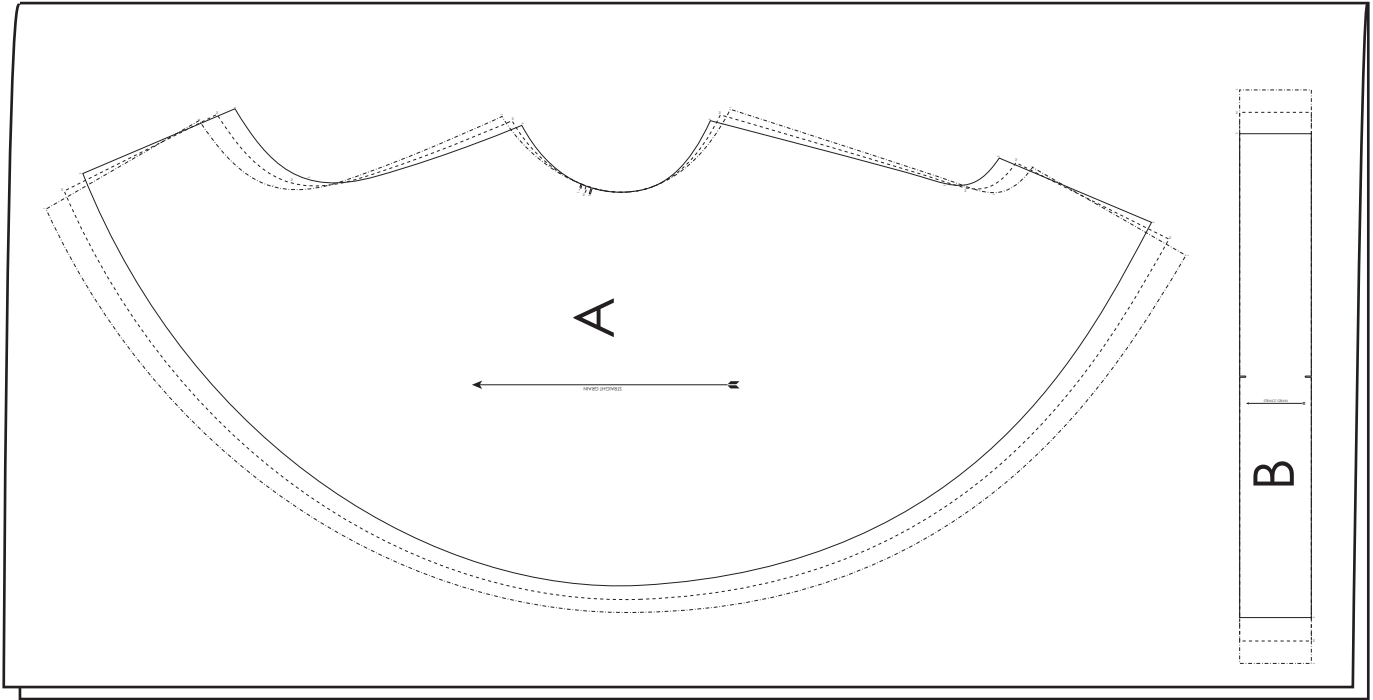
FOLD



SELVEDGE

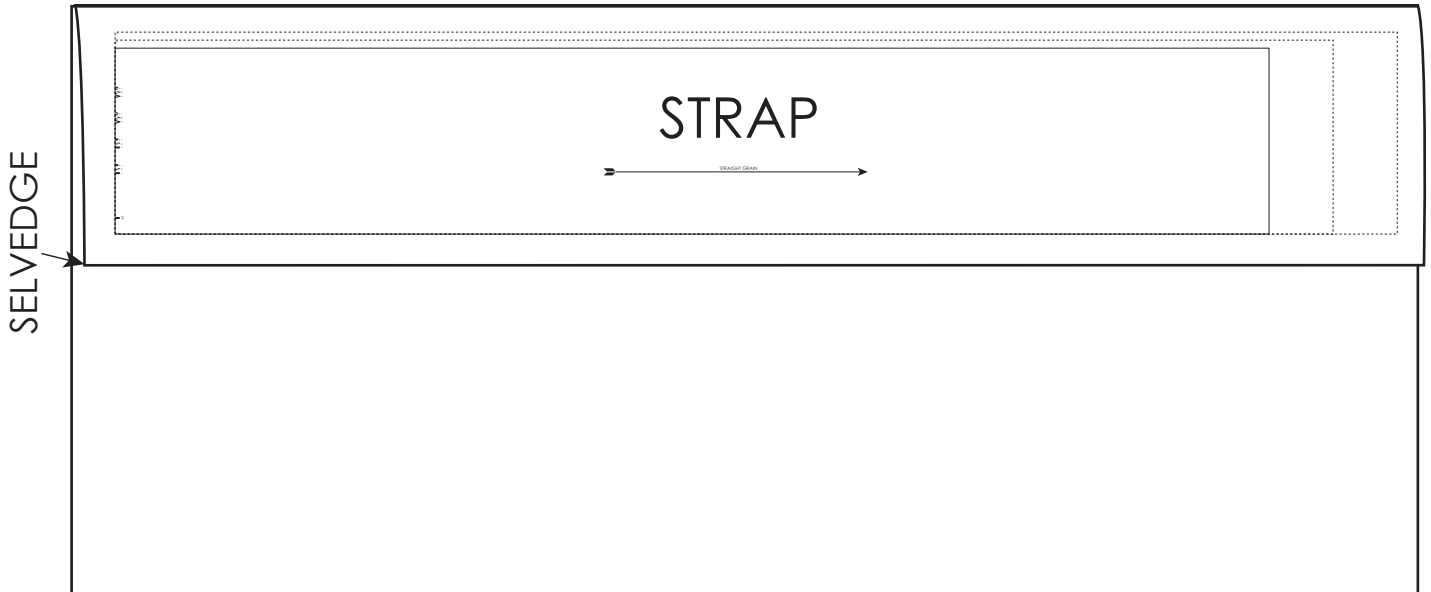
CUTTING LAYOUT for 150/60"

FOLD



SELVEDGES

FOLD



SELVEDGE



GETTING STARTED

FIND YOUR SIZE

- Use the measurement chart to determine your size

ASSEMBLE YOUR PATTERN

- Print out the pages that form your pattern. Use the 10 cm X 10 cm square to ensure your pattern has printed out to the correct dimensions.

- Cut out each rectangle containing the pattern and match up the number/letters as shown in the paper layout diagram.

- Cut out your pattern pieces.

CUT OUT YOUR FABRIC

- Lay out your pattern pieces according to the corresponding cutting layout.
- Use weights to hold your pattern pieces in place, pins may pull fabric and alter fit.
- Layout pieces making sure grainlines are parallel to the selvedge.
- Trace your pattern with a marker pen or chalk. Mark notches with a small mark within your seam allowance. Mark center fronts and backs.
- Cut out your pattern pieces cutting off your tracing lines.

CUTTING OUT YOUR STRAPS

1. Use this chart to find the measurements of your strap

FRONT STRAP MEASUREMENTS (CM)	
<i>small</i>	29 x 180
<i>medium</i>	30.25 x 190
<i>large</i>	31.5 x 200

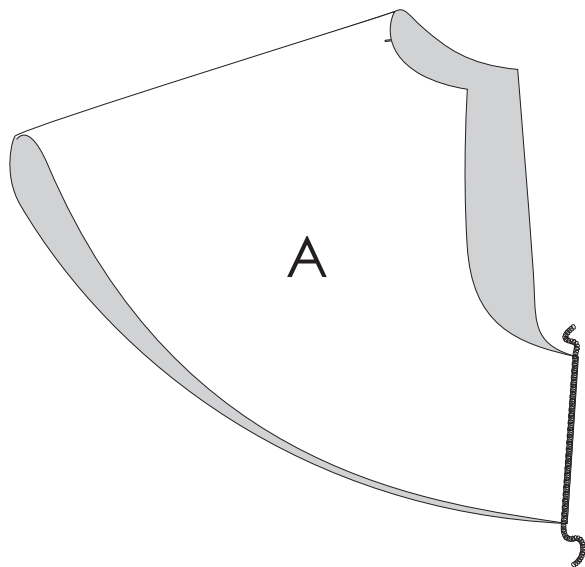
2. In a large room or long hallway lay out your fabric on the floor as per the cutting layout diagrams. Using the largest ruler you have draw out your strap dimensions with chalk or a marking pen. Cut out your 2 straps.



3. Use the Pleat Guide to mark pleats and center front on one end of each strap. Remember to reverse the guide to mark a left and right side strap.

INSTRUCTIONS

STITCH THE INSEAMS OF THE SHORT

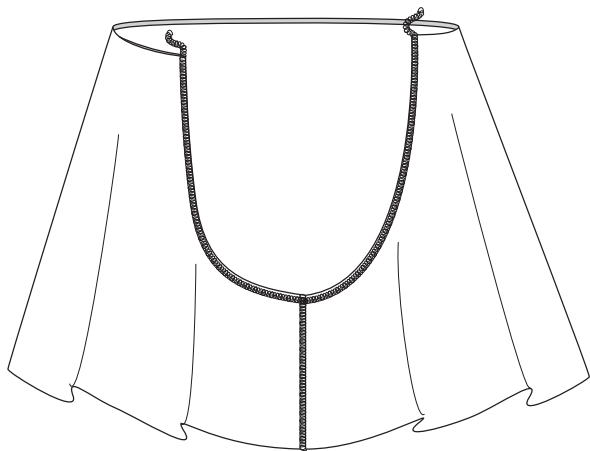


1.

With right sides together overlock stitch front inseam to back inseam.

Repeat with the other leg.

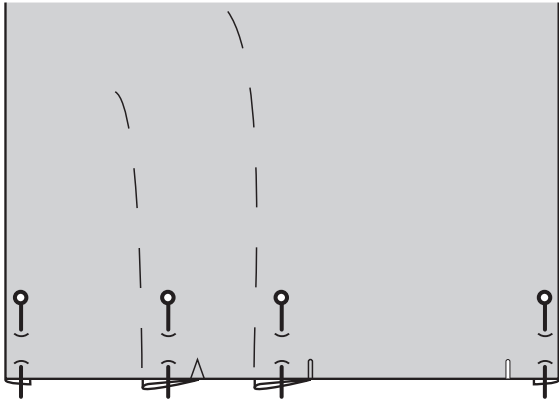
STITCH THE CROTCH CURVE



1.

With right sides together overlock stitch the crotch seam matching center fronts and center backs.

BASTE FRONT STRAP PLEATS

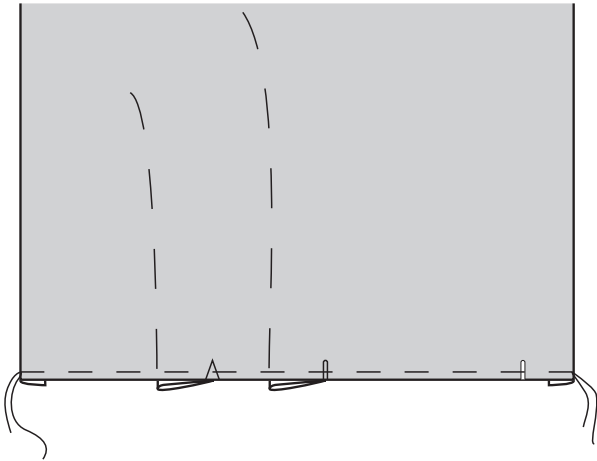


1.

Fold 1 cm (3/8") of the long edges to the wrong side and pin.

2.

Matching notches, pin the pleats toward the sideseam.

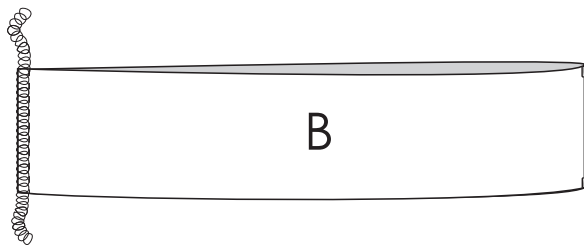


3.

Baste turned edges and pleats in place within the seam allowance.

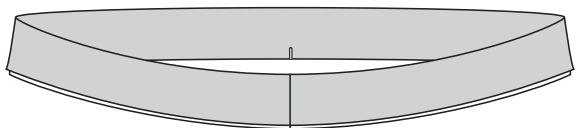
Repeat on the other strap.

STITCH WAISTBAND SEAM



1.

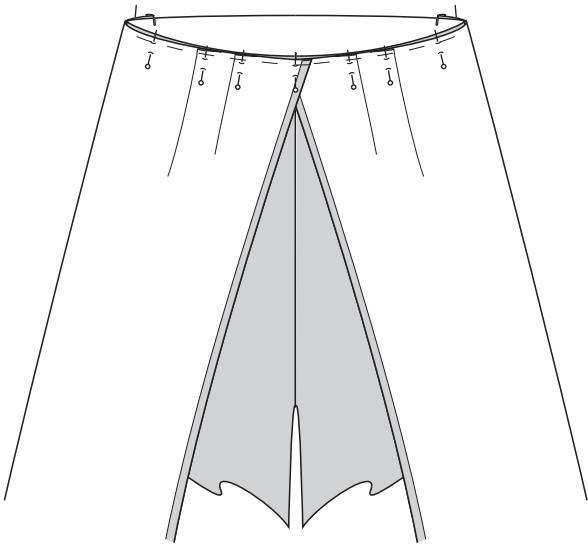
With right sides together overlock stitch short sides of waistband (B).



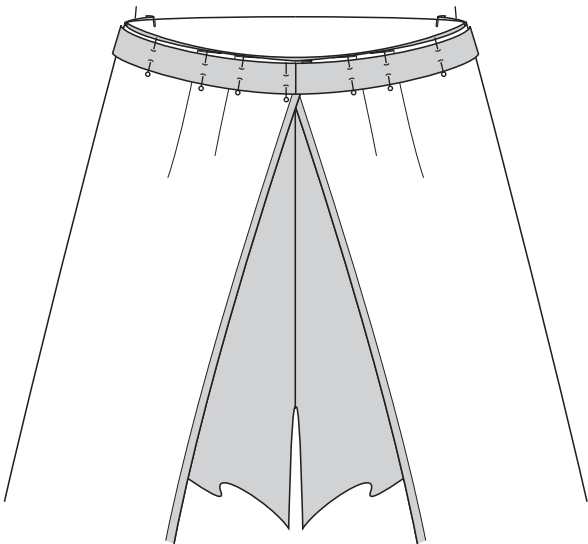
2.

With wrong sides together fold waistband in half along its width and press.

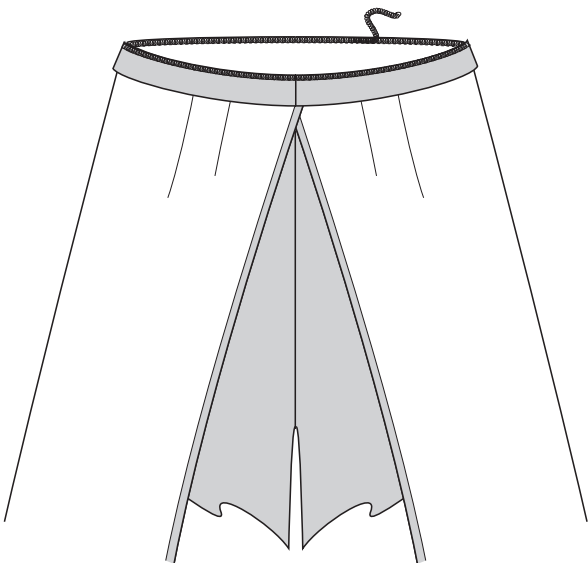
STITCH STRAPS AND WAISTBAND TO SHORTS



1. Pin straps to waist of shorts. Match center front strap notches to front seam of shorts. Straps will overlap 3 cm. Align edge of strap at side waist to notch. Baste straps to shorts within seam allowance.



2. Pin the waistband to waist of short overtop of the front straps. Place waistband seam at center front.



3. Overlock stitch thru all layers.



7C



TEST SQUARE

10 X 10 CM

TEST SQUARE

6C

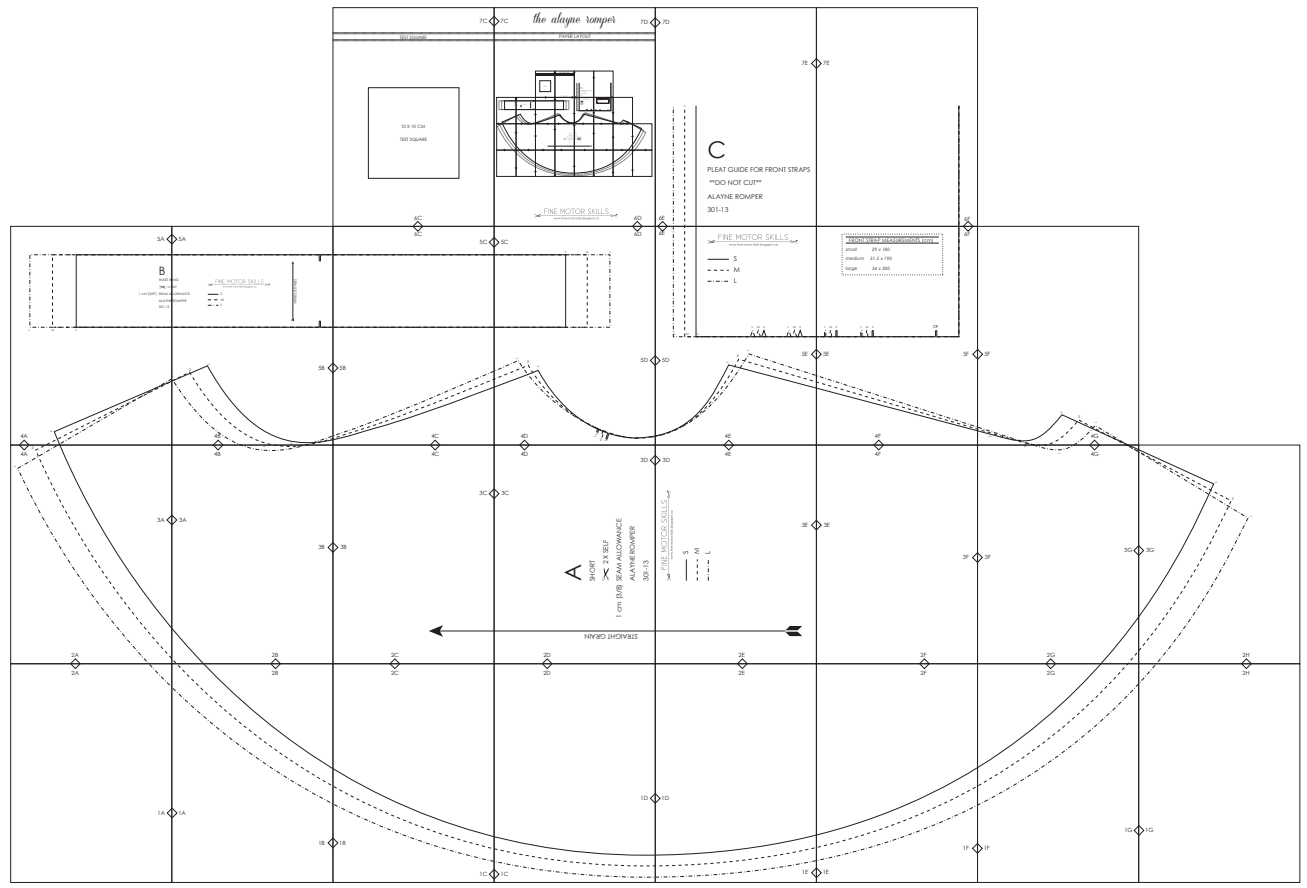


7C

the alayne romper

7D

PAPER LAYOUT



6D

7D

7E

6E

C

PLEAT GUIDE FOR FRONT STRAPS

****DO NOT CUT****

ALAYNE ROMPER

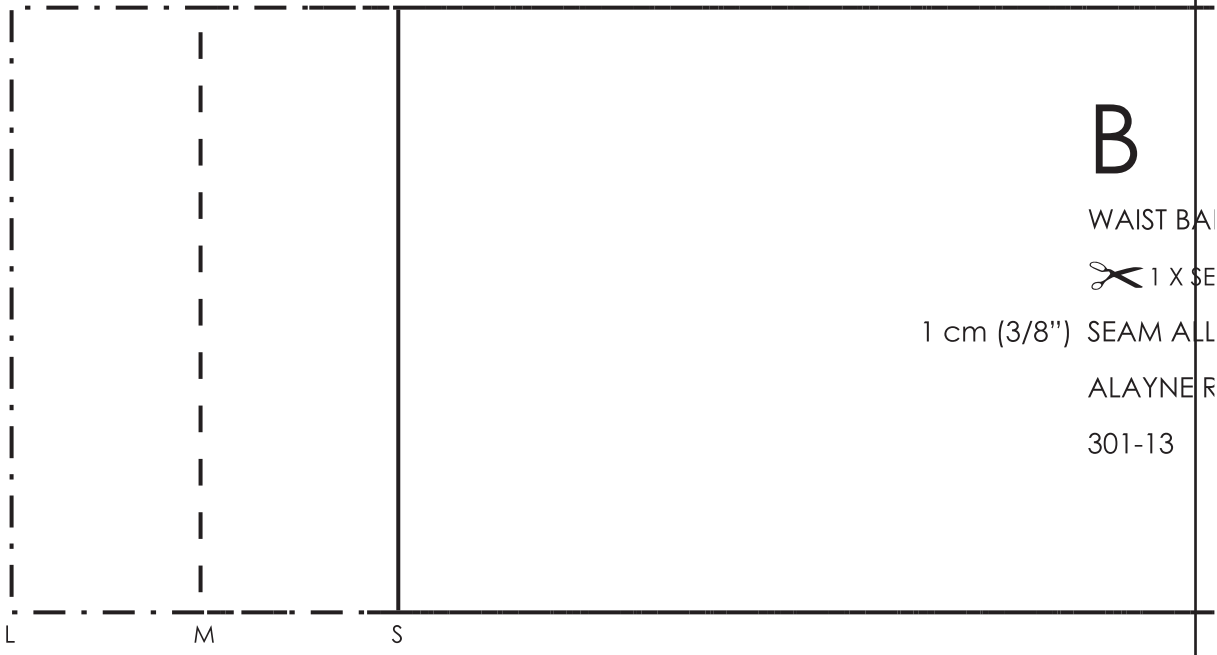
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7E

6F

5A



B

WAIST BAND

✂ 1 X SE

1 cm (3/8") SEAM ALLOW

ALAYNE R

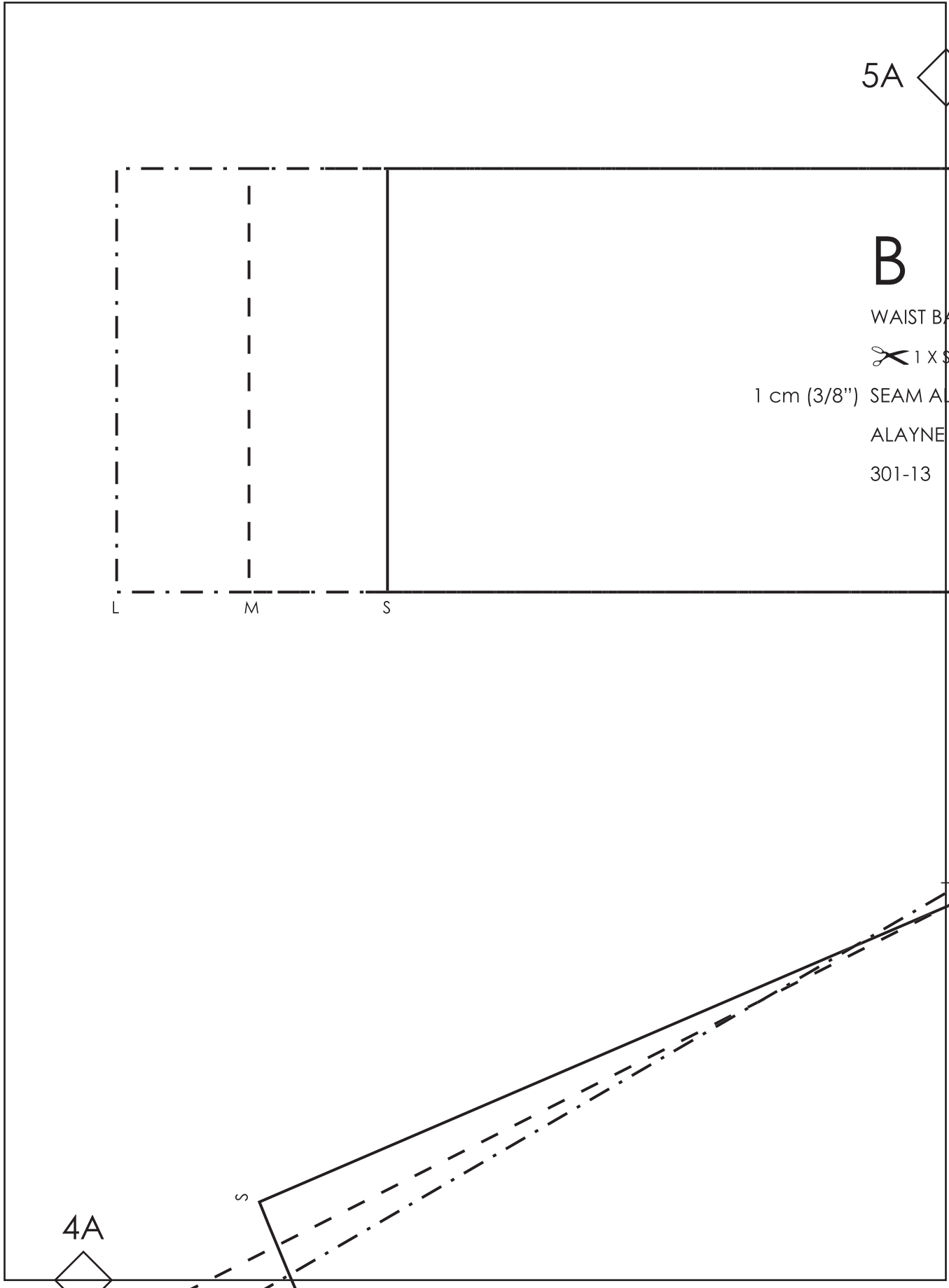
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4A



S

L



5A

BAND

SELF

ALLOWANCE

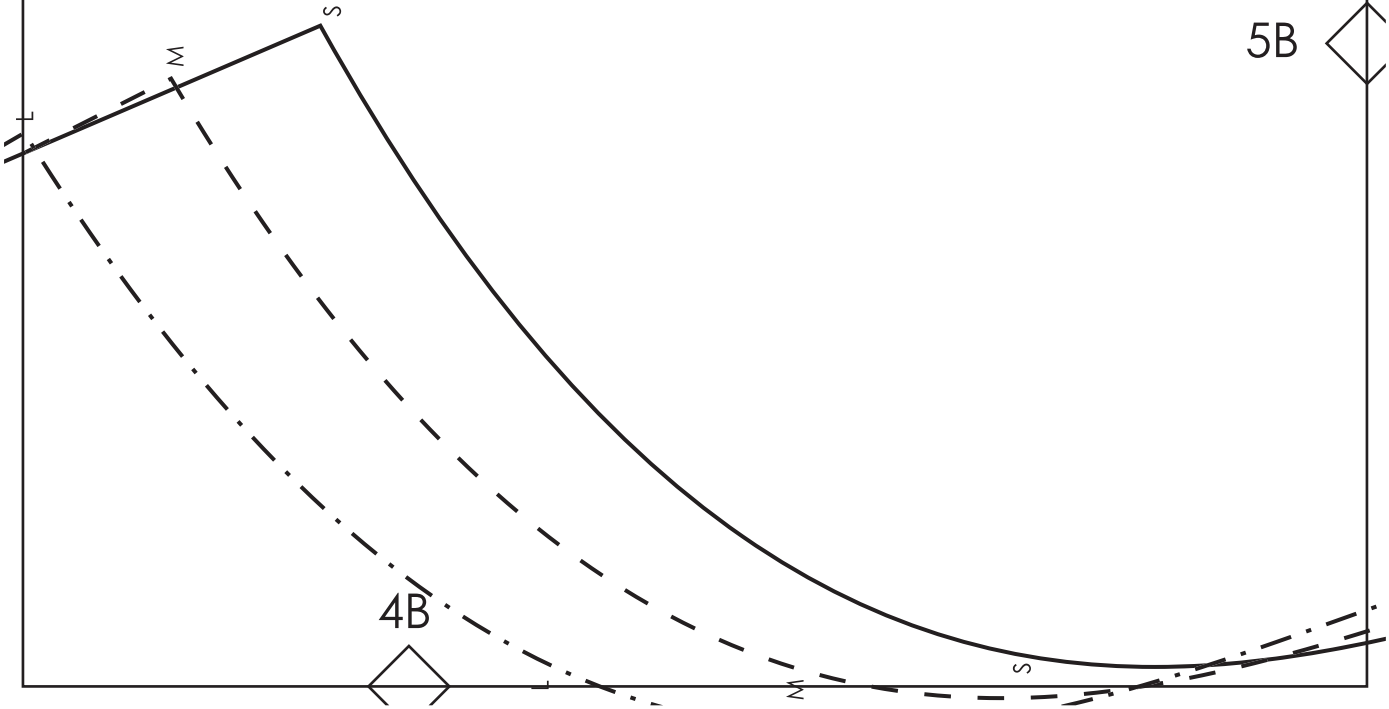
SEWING

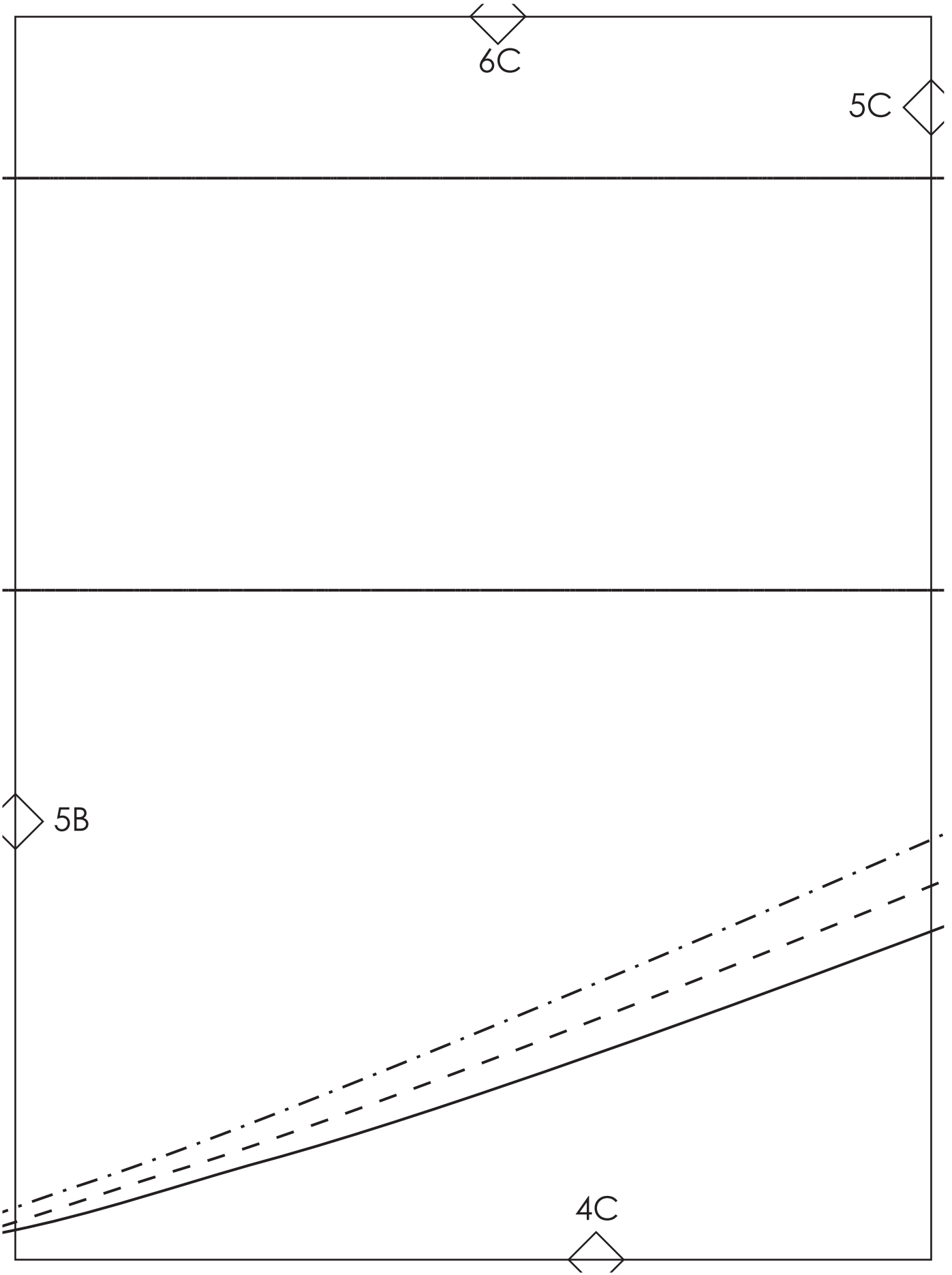
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- S
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STRAIGHT GRAIN

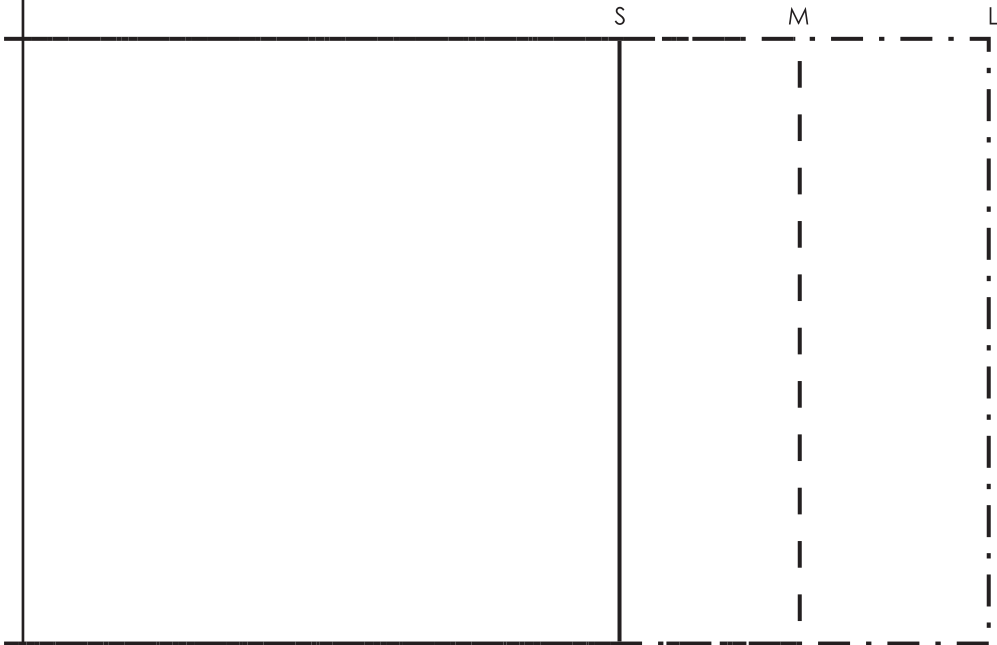
5B



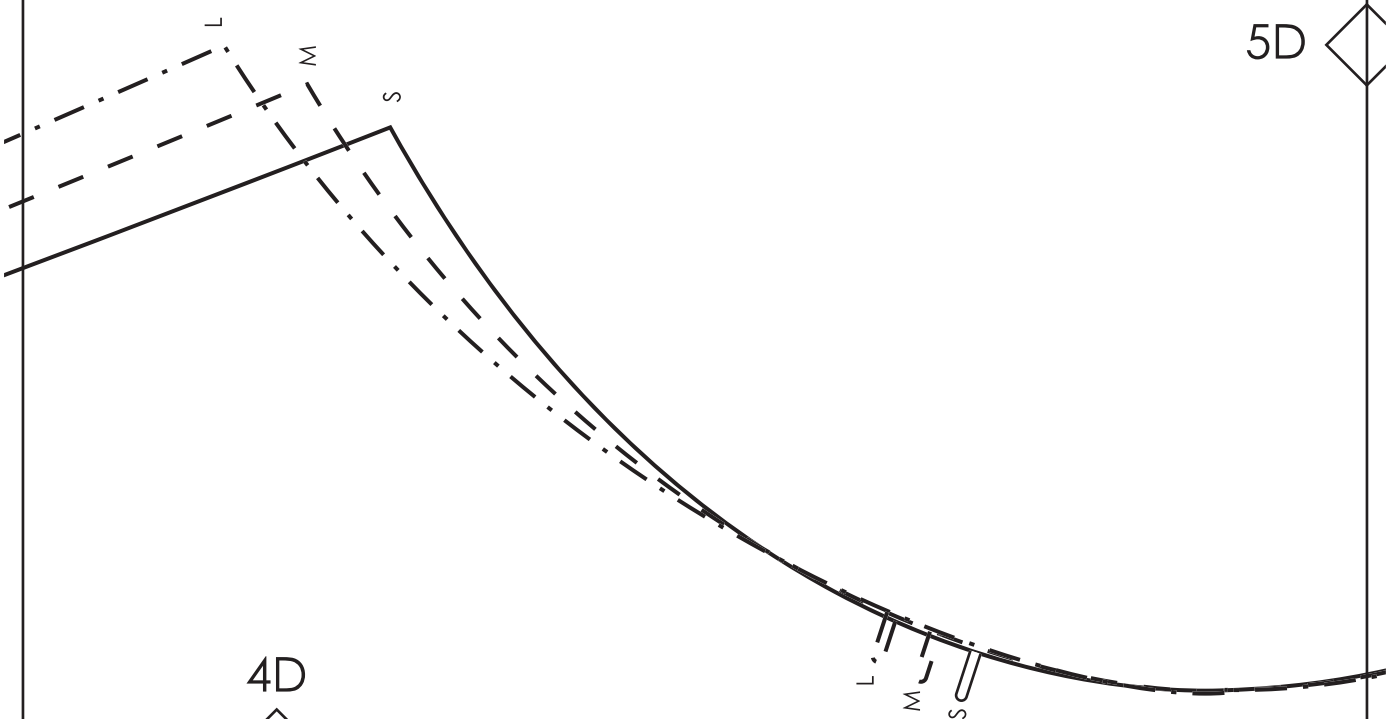


6D

5C



5D



4D



6E

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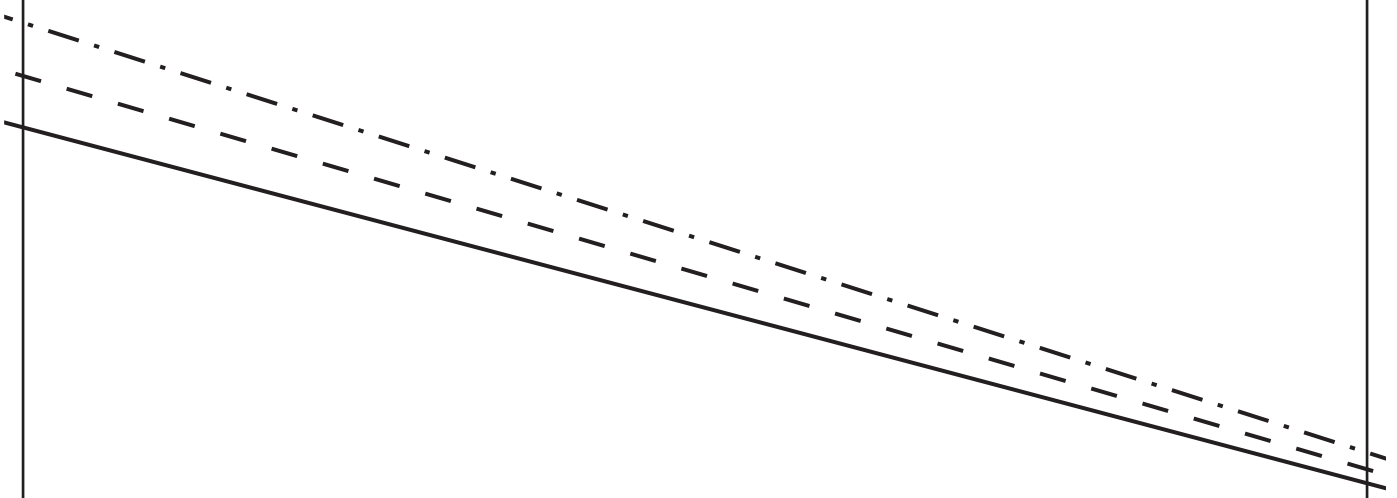


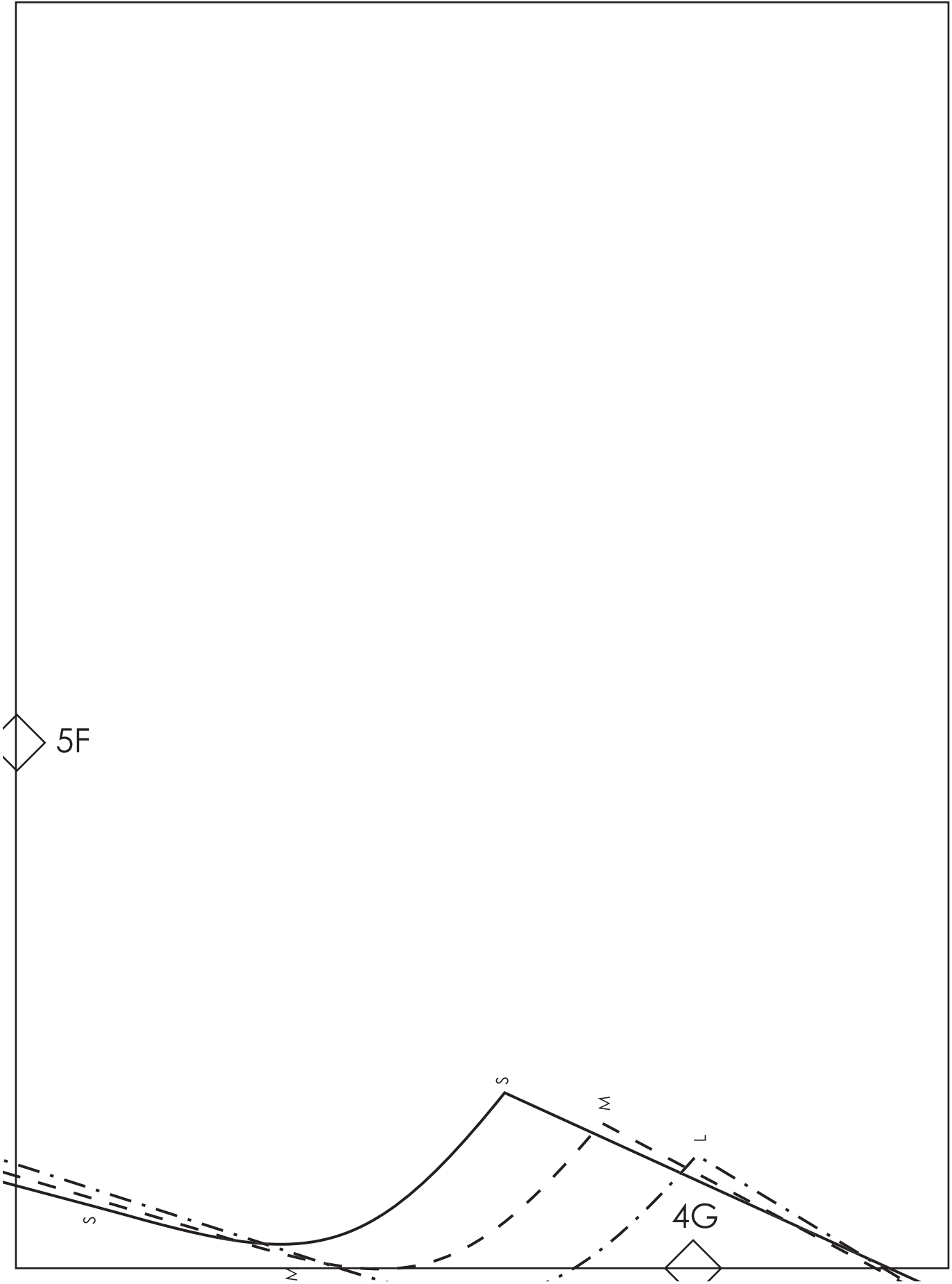
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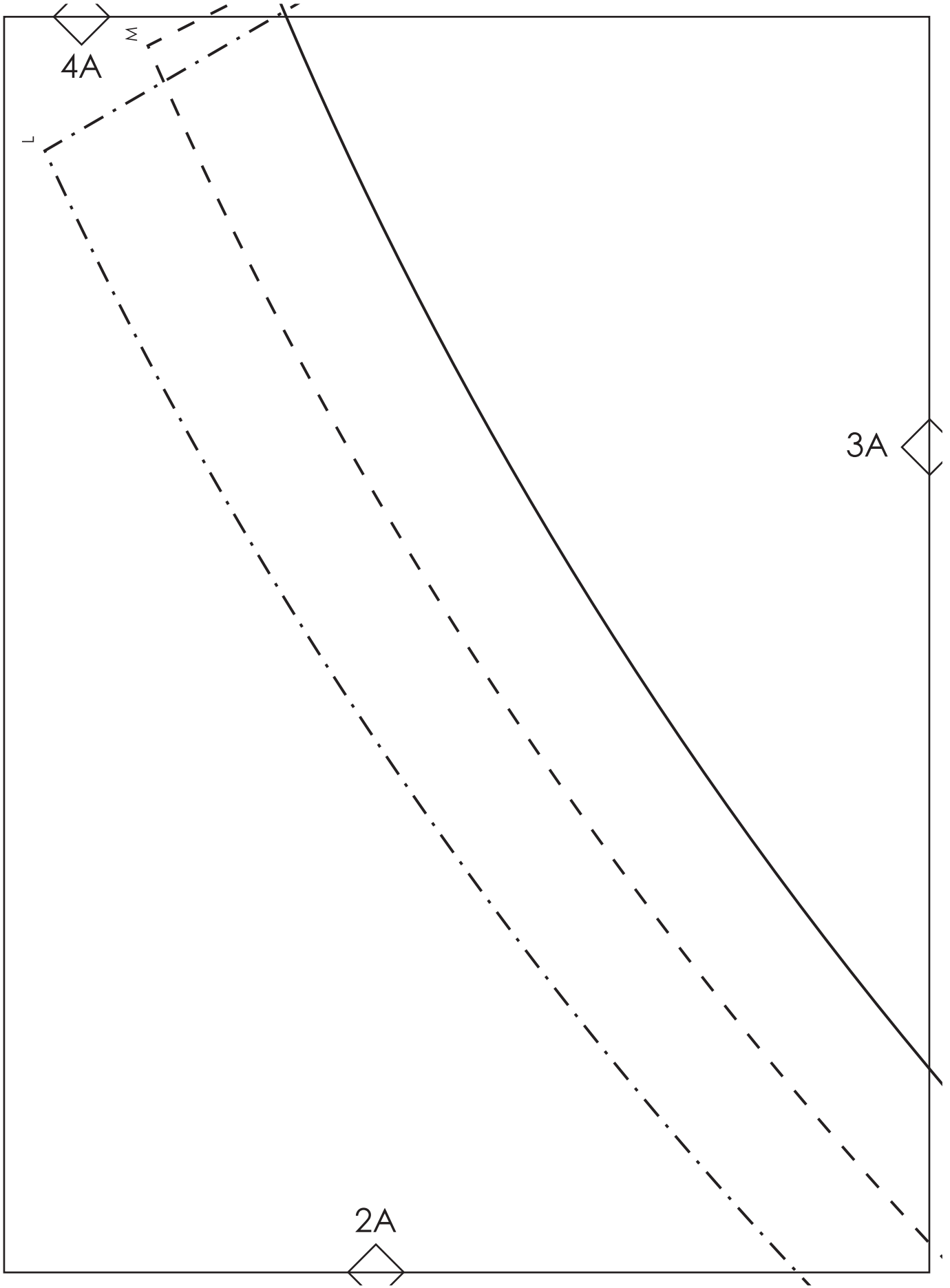
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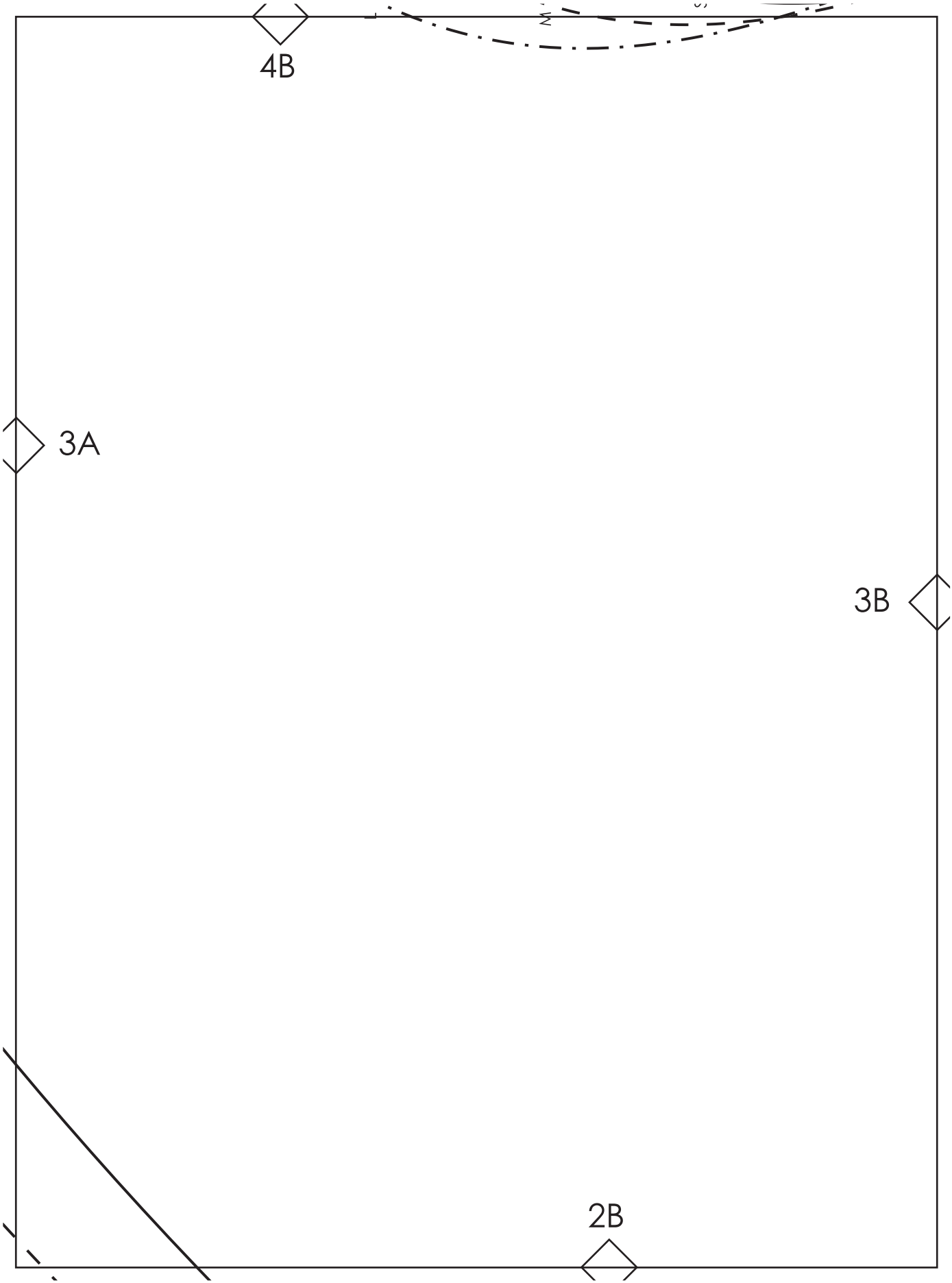
4E

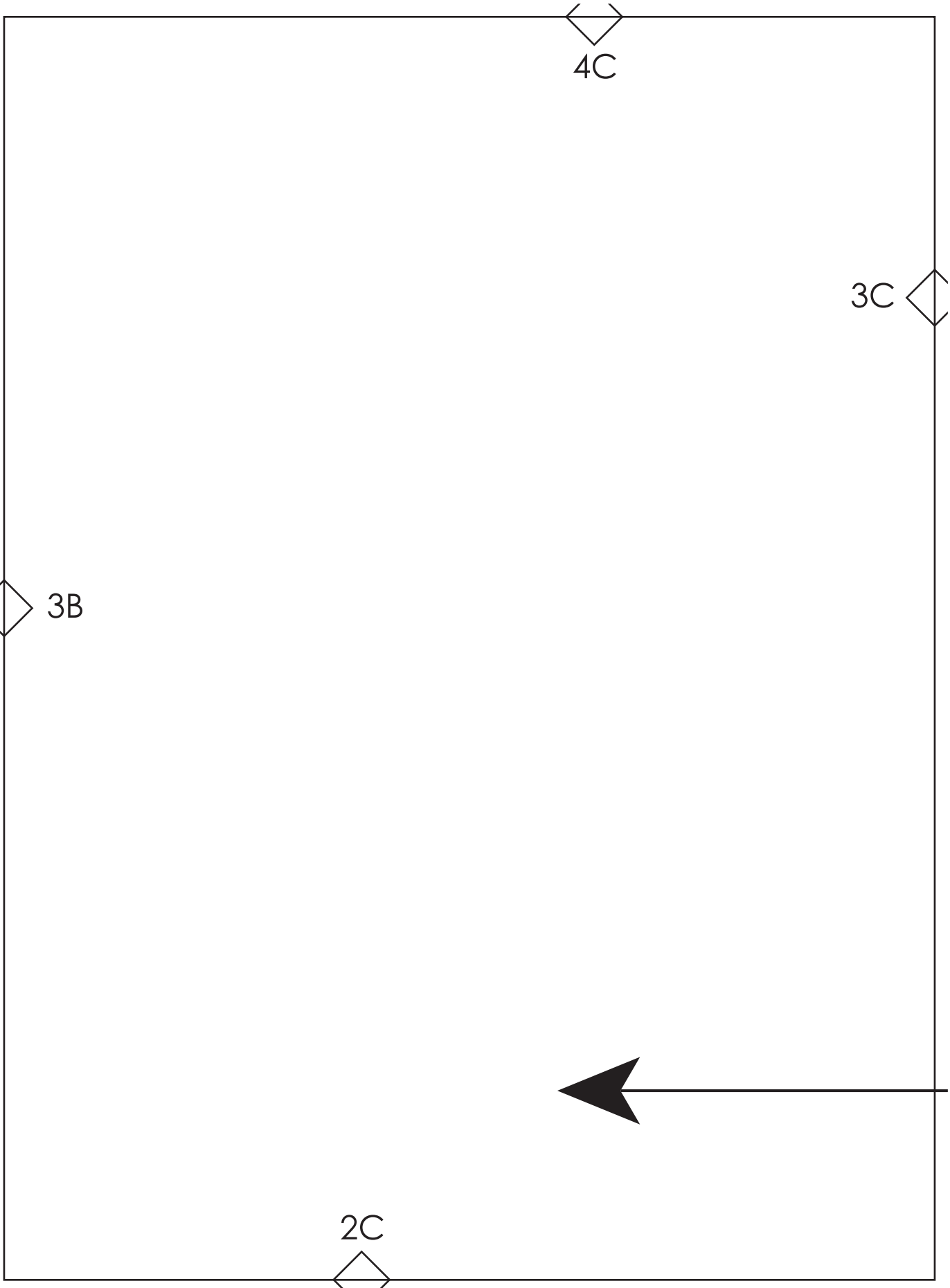
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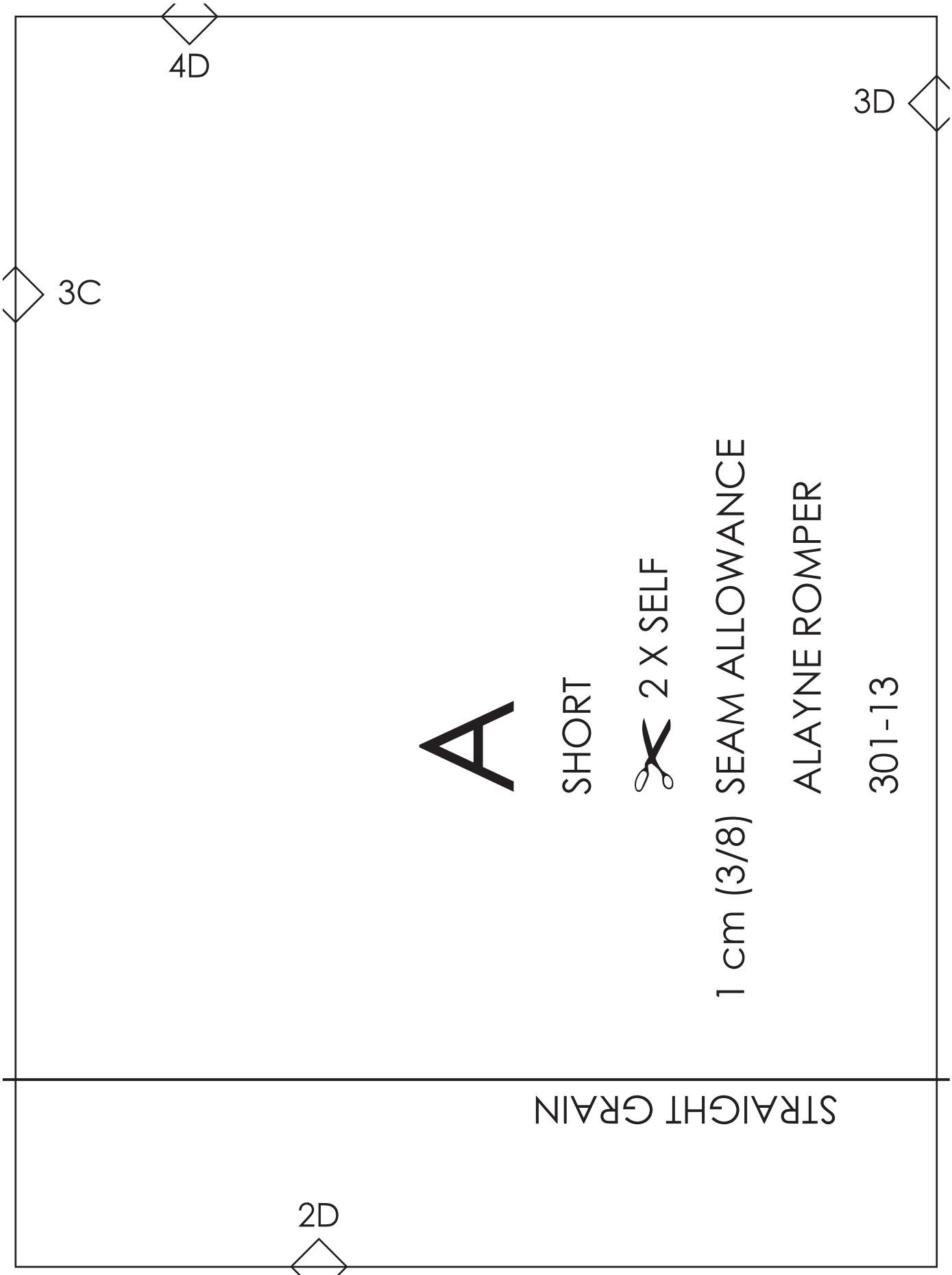
4C

3C

3B

2C





A

SHORT

 2 X SELF

1 cm (3/8) SEAM ALLOWANCE

ALAYNE ROMPER

301-13

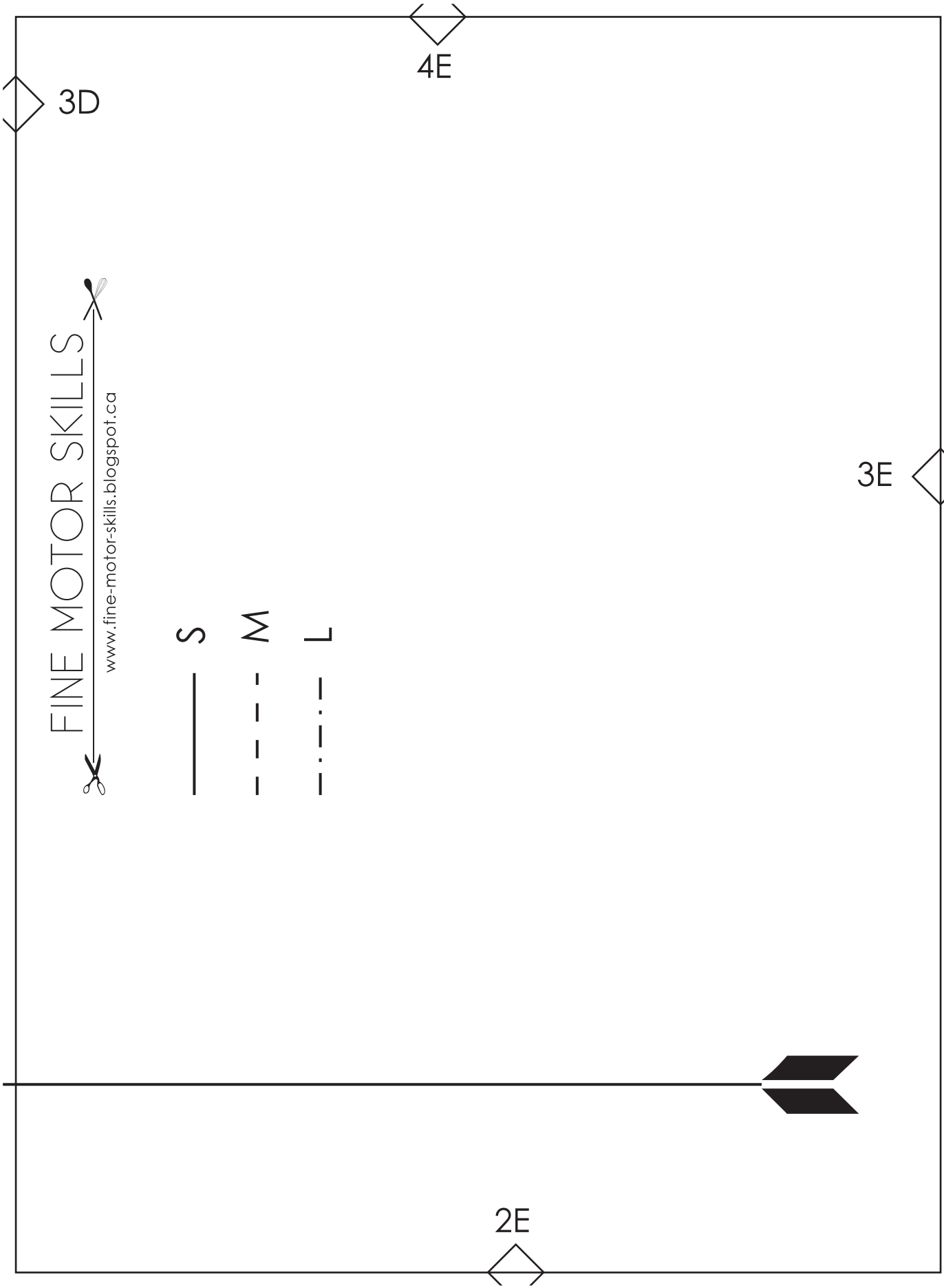
STRAIGHT GRAIN

4D

3D

3C

2D



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S
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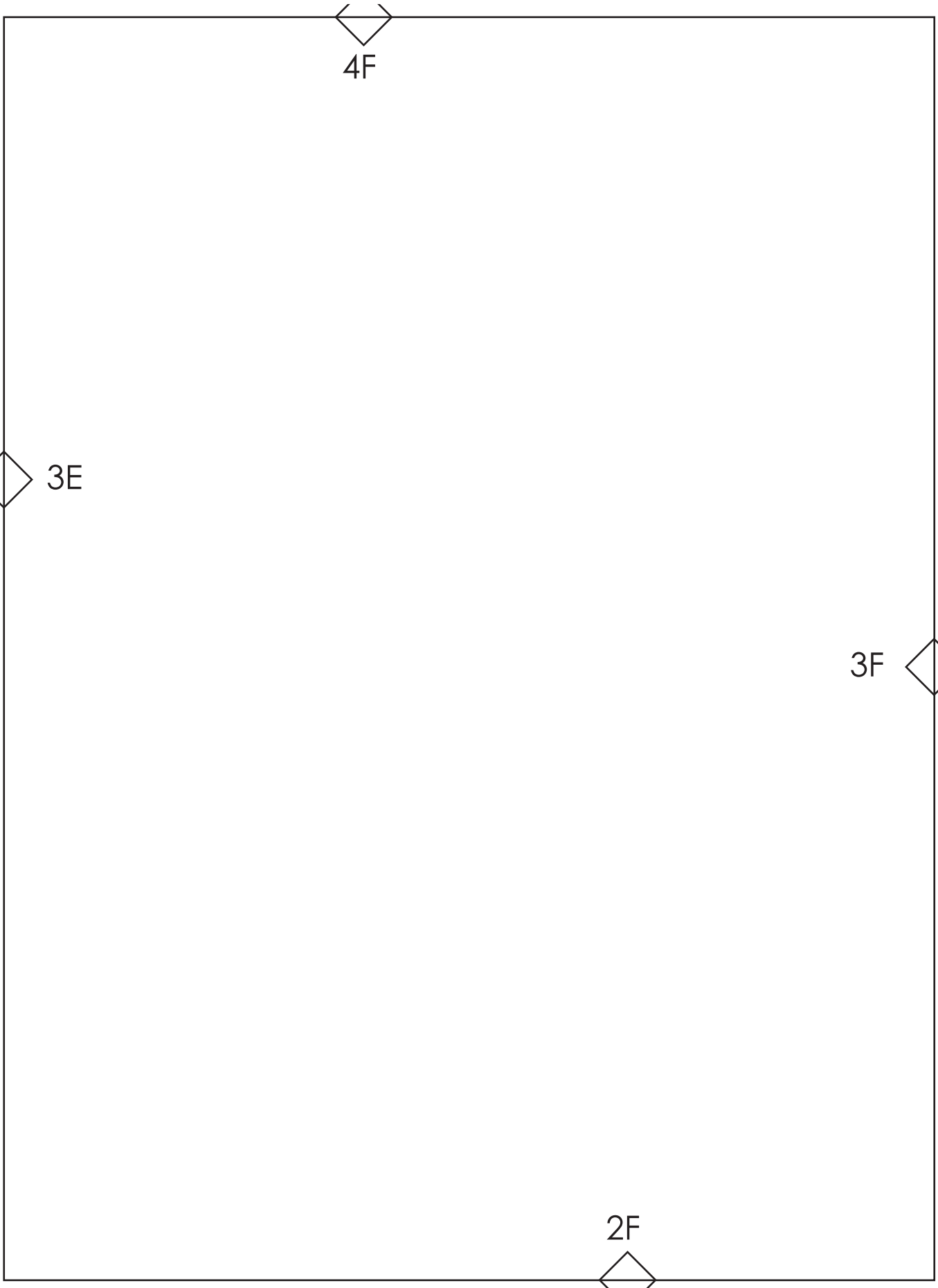
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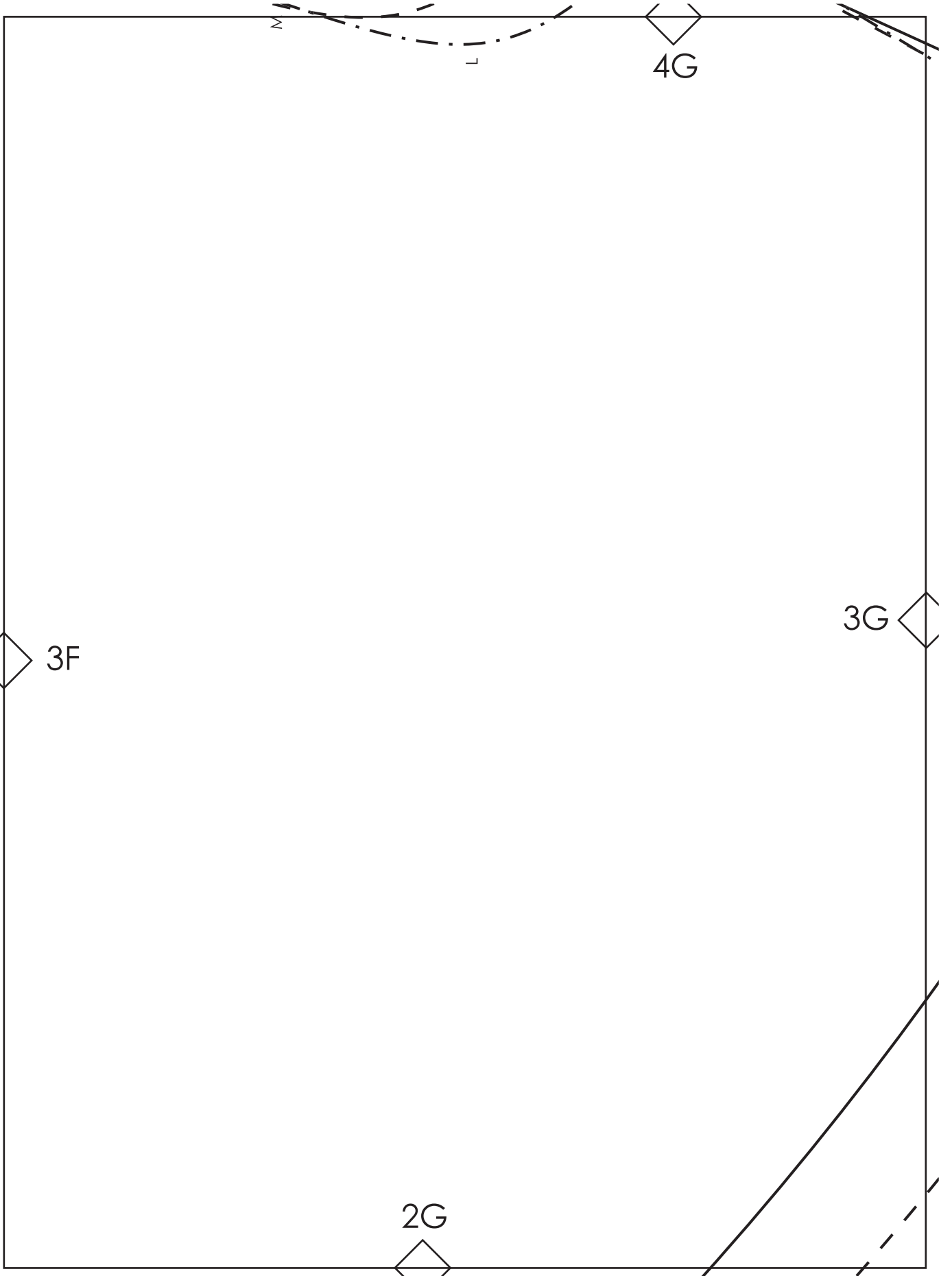
4E

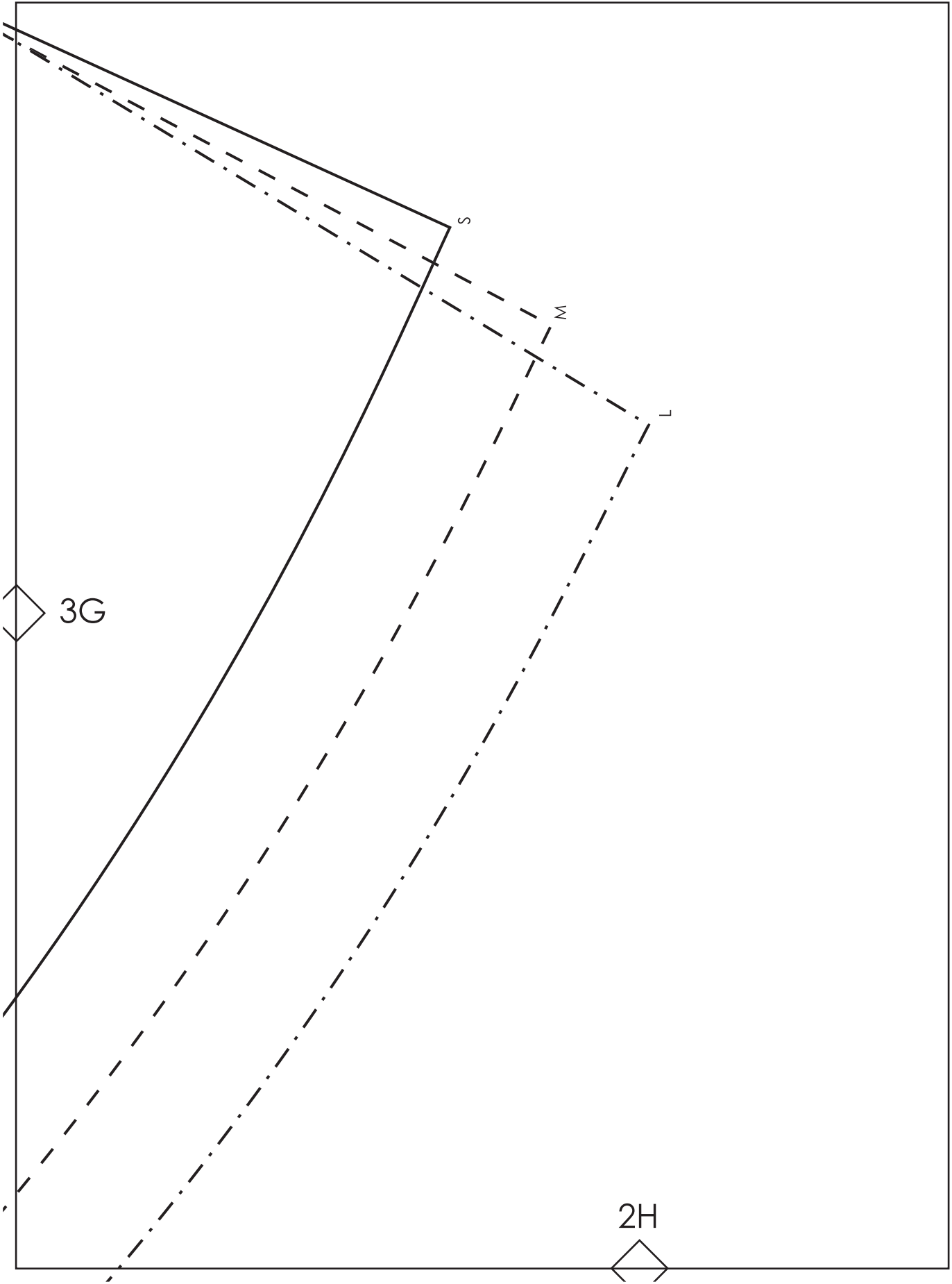
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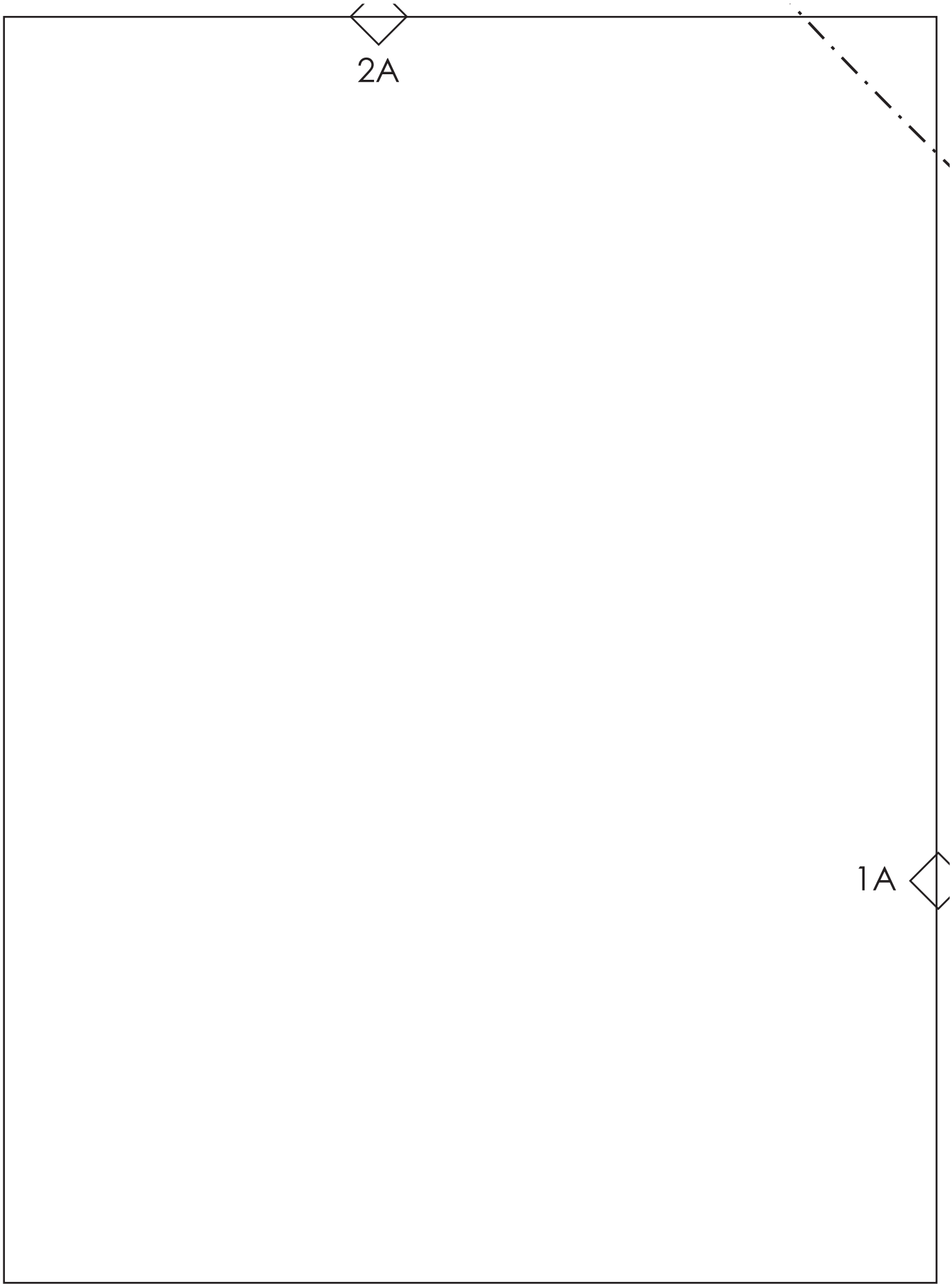
2E



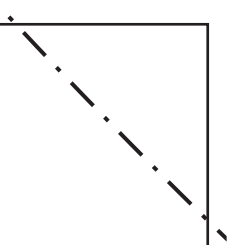




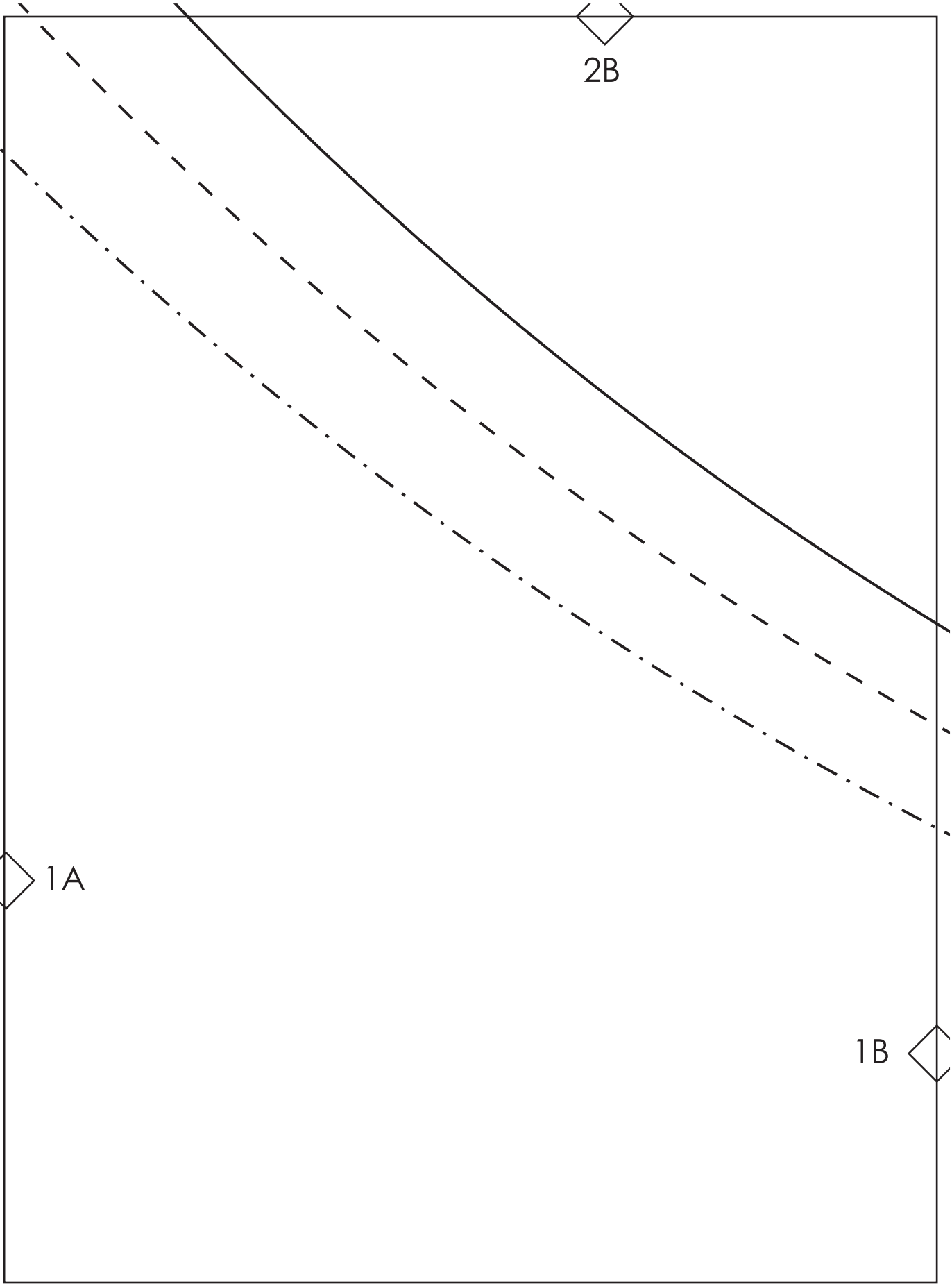


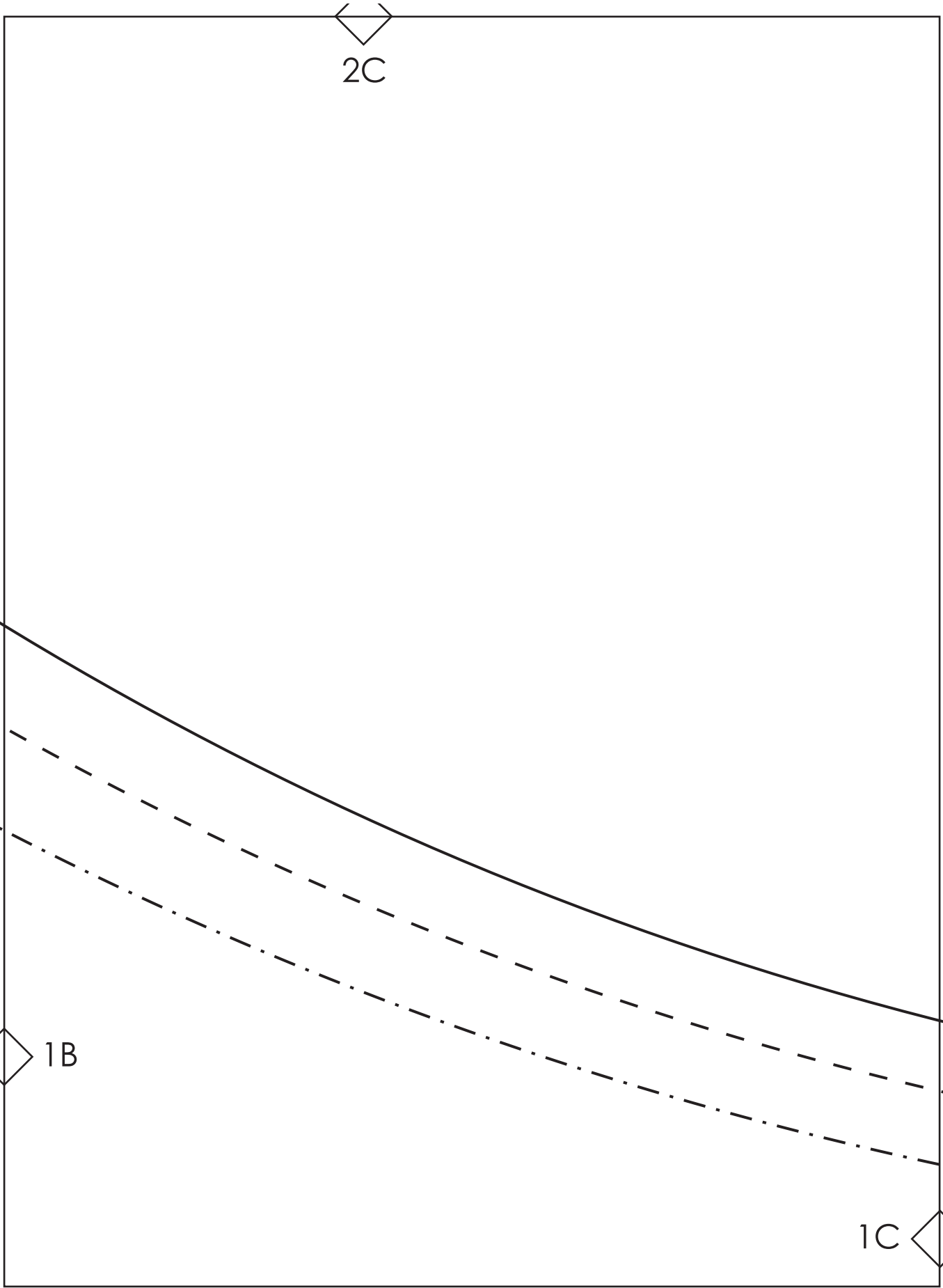


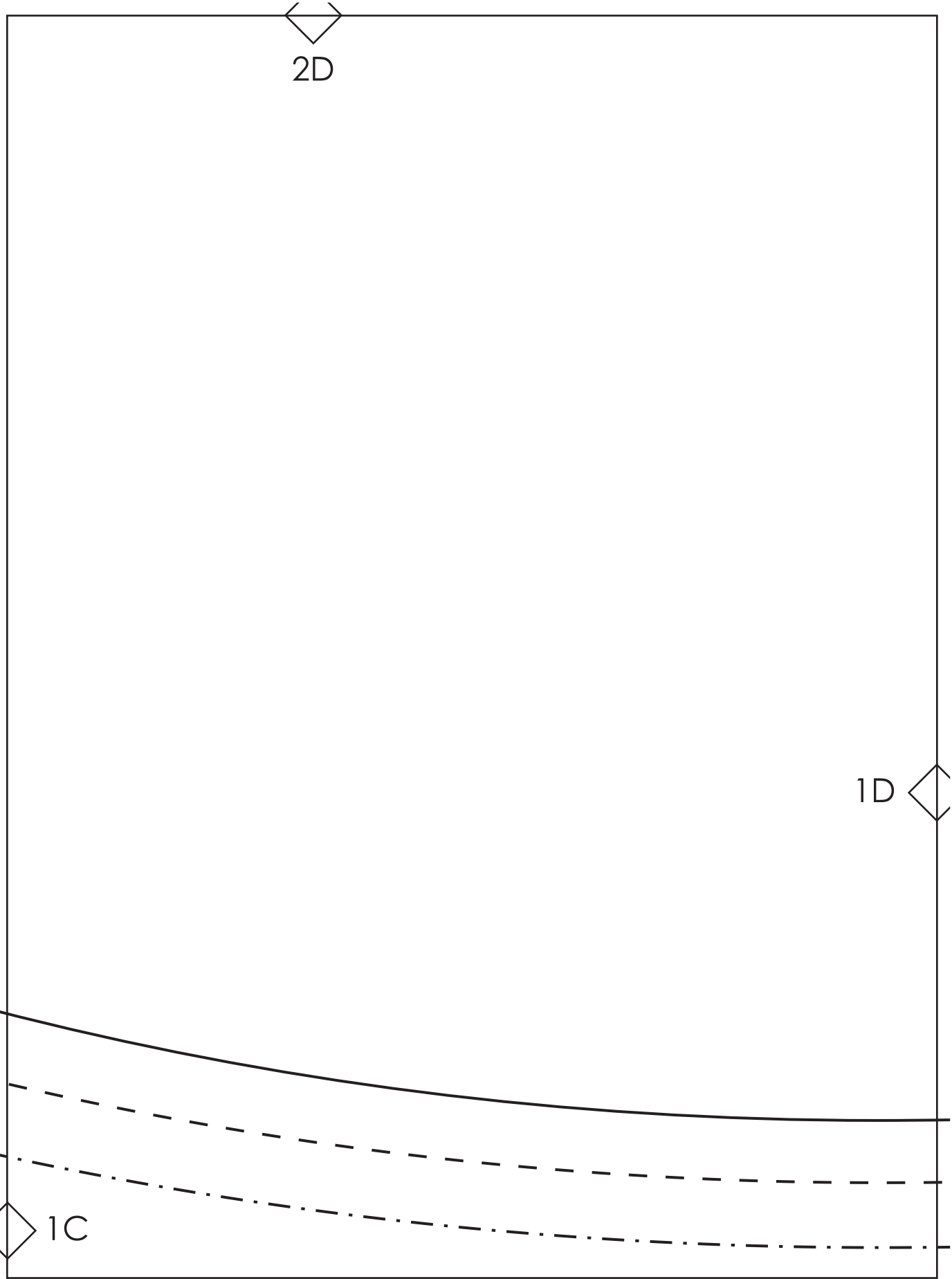
2A

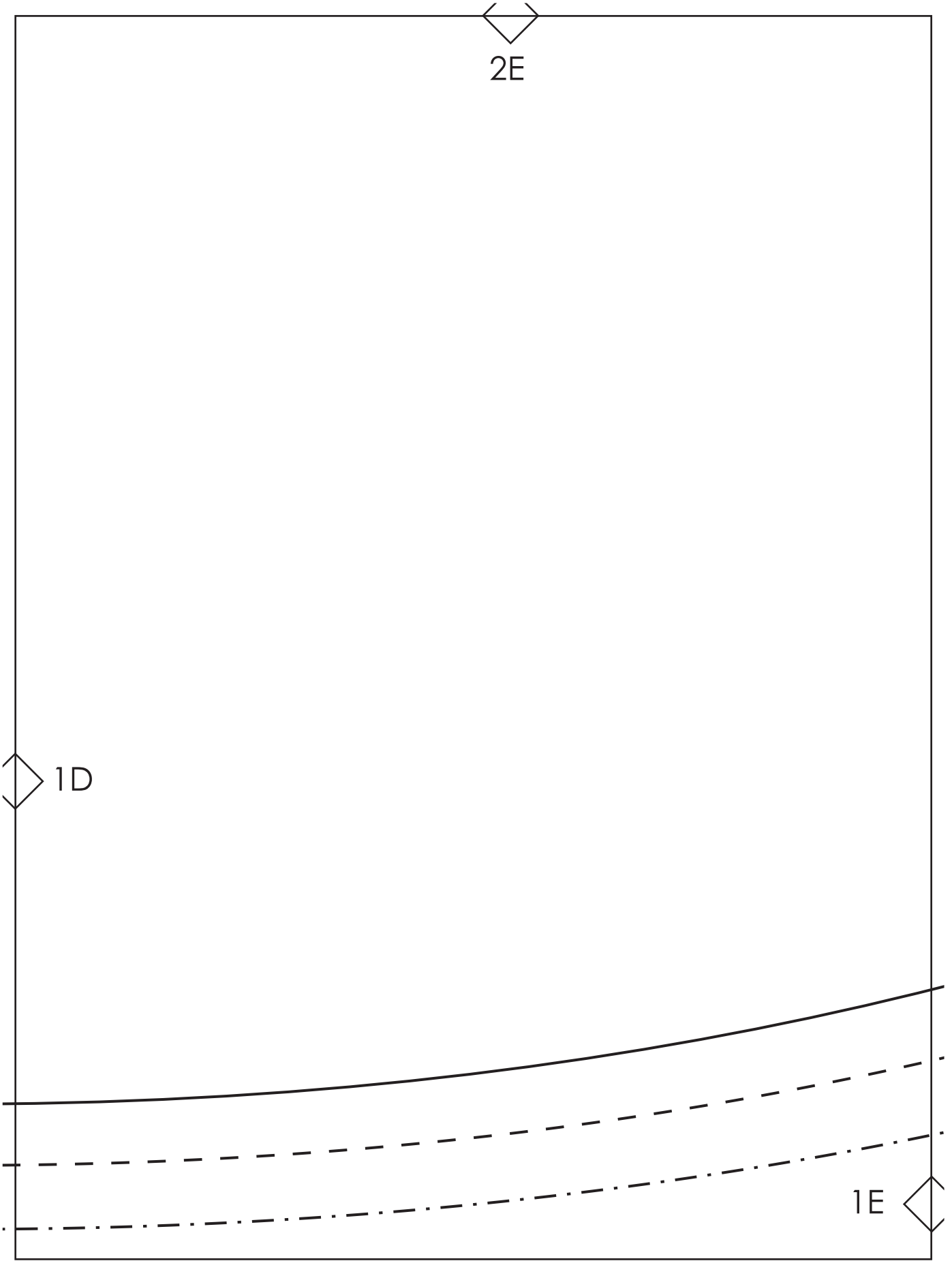


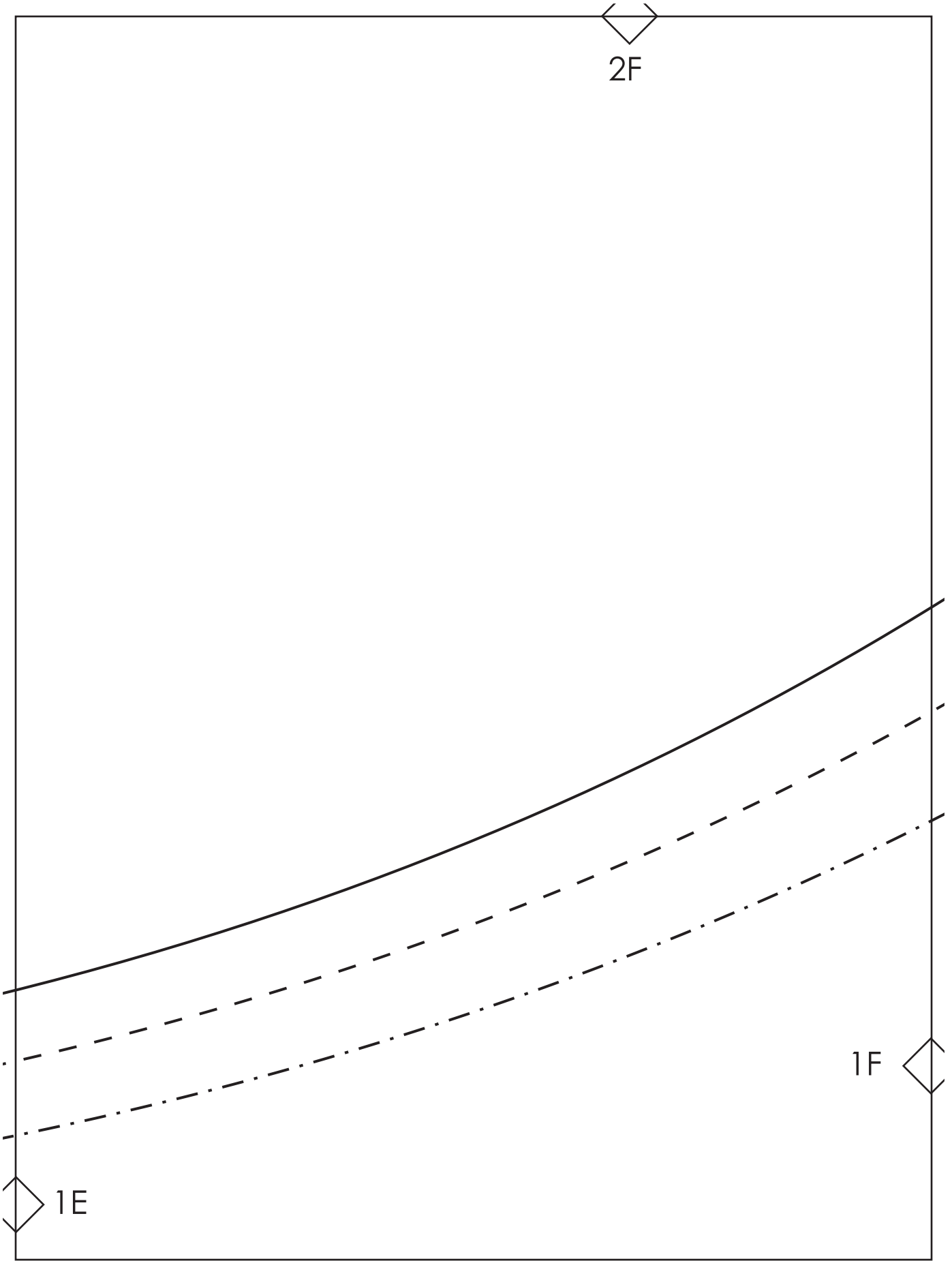
1A

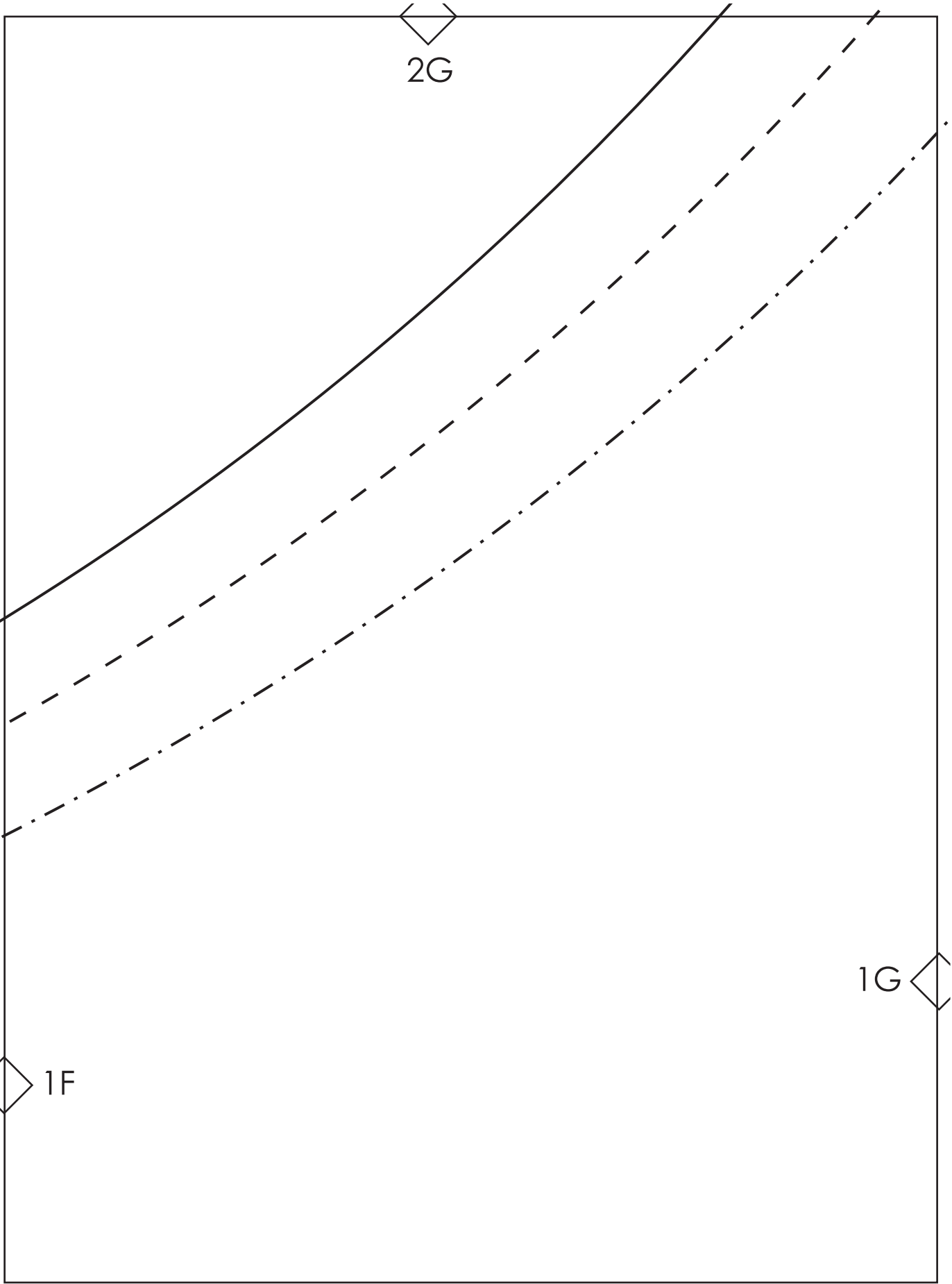


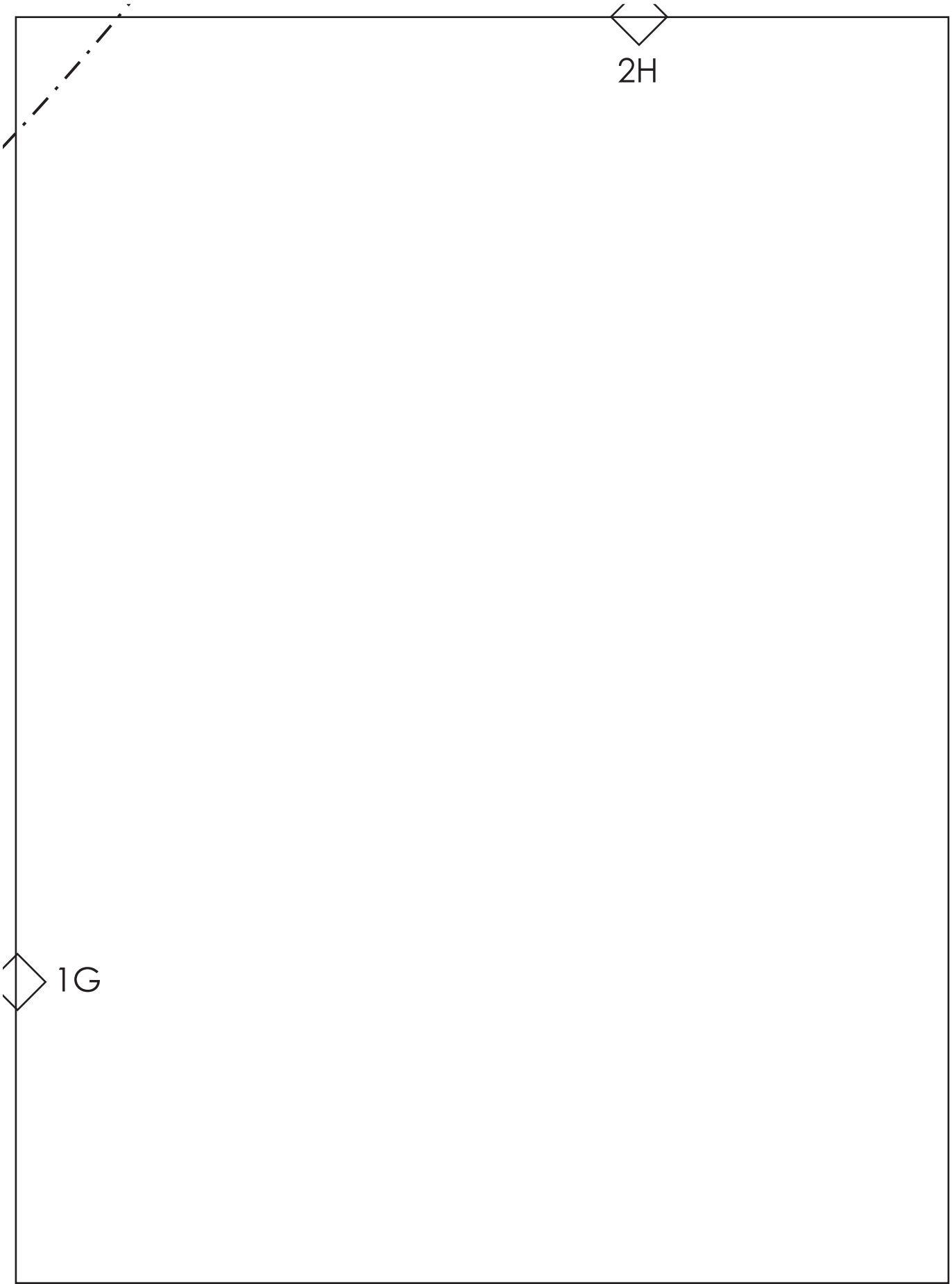












1G

2H